



An Oige

Hillwalkers Club

September Programme

MEET	Outside the Irish Press Offices Burgh Quay.
TIME	10.15a.m.
BRING	Rainwear, flask, sandwiches, torch and reflective armbands
WEAR	Hiking boots. RUNNERS NOT ALLOWED.
TRANSPORT	Private bus – Price £5
NOTE	Leaders have the right to refuse anyone who is not adequately equipped or who does not follow their instructions.

SEPTEMBER PROGRAMME

- Sunday 5th Sept.** Route: Ballynultagh - Blackhill - Moanbane - Billy Byrne's Gap - Mullaghclevaun - Duff Hill - Ballynultagh.
Leader: Dave Rooney
- Sunday 12th Sept.** Route: Laragh - Paddock Hill - Drummin - Scarr - Brown Mountain - Knocknacloghoge - Luggala - Sally Gap.
Leader: Jim Barry
- Sunday 19th Sept.** **INTRODUCTORY HARD HIKE**
Route: Ballinagee - Bridge Glen - Reemore Brook - Lough Firrib - Art's Cross - Three Lakes - Conavalla - Turlough Hill - Wicklow Gap.
Leader: Joe Gilvarry.

Sunday 26th Sept. NO HIKE DUE TO BEN LETTERY WEEKEND TRIP

RECONNAISSANCE / RECKY LIST

Hike Leaders who are doing a reconnaissance/recky and wish assistance on checking a route, doing a route card, checking access at start or finish of hike, consider asking the people on this list. A reconnaissance is a great asset and the benefits are realised on the hike itself.

Joe Gilvarry 574636 (H)

Maggie Greaney 975063 (H)

SPECIAL TRAINING WEEKEND

It is 6.30pm. Conditions are bad with mist and rain. Four hillwalkers are descending Lugnaquilla into the Ow Valley, when Big Tom puts his foot into a hole and twists his ankle. Tom is 18 stone in weight. What to you do? It is now 7 pm. You have no choice but to send two of your best people for help. You have also not other choice but to spend the night in the hills with Big Tom. Tom is not only big but he also sings Country & Western. Conditions are bad enough but then Tom becomes inspired and composes a depressing moan and groan, wash out, twisted ankle song and calls it "My two friends have deserted me because I'm too heavy to carry."

Maggie Greaney is organising a Bivi (sleeping in open hills with sleeping bag and plastic/bivi bag) and promises not to desert you or sing Country & Western. Be prepared. Could you spend a night in the hills if you had to? Could you cope? You can survive! Recommended to experience walkers, people who completed a map and compass course, people doing the M.L., and also highly recommended to all leaders.

Date: **18th and 19th September**

Meet: Irish Press Office Burgh Quay 5.15 pm

Organiser: Maggie Greaney Telephone 975063 (H)
It is advisable to ring the organiser first, if you are considering taking part in this training weekend.

Transport & Accommodation: CIE and Dargle River View Bivi Centre

This training weekend was due to have been held in August but will now be held on the above dates.

WEEKENDS AWAY

WALKING WEEKEND IN BEN LETTRY 24th - 26th September

Walks planned to include:

Gleann Chlóchan Horseshoe on Saturday

Bin Chuanna Horseshoe on Sunday

Cost: £30 to include two overnights in Ben Lettry Hostel and transport

Leaders: Tony Crean and Martin Fagan

Bookings: On Oige office. Tel: 304555 Credit Card bookings accepted.

WALKING WEEKEND IN KILLARNEY 22nd - 25th October '93

IRELANDS' HIGHEST 3,000 AND 2,000ft MOUNTAINS

The organised walks will be targeted at experienced, moderate and hard walkers. Participants will be expected to walk at a moderate pace for about 6 hours/12 miles duration over mainly trackless terrain.

WALKS PLANNED TO INCLUDE:

- Coomloughra Horshoe - including Currauntoohill, Beenkeeragh and Caher - Ireland's three highest mountains - 8 miles, 4,000ft ascent, 7 hours:
- Mullaghinat/Cloon horshoe - 10 miles, 4,000ft ascent, 7 hours:
- Slieve Mish mountains including Caherconree and Baurtregaum - Ireland's highest mountain under 3,000ft - 5 hours.

WHAT TO BRING:

- An Oige membership card.
- Walking boots (no wellingtons/runners allowed).
- Change of clothes and hiking socks
- Waterproof jacket and overtrousers
- Warm clothing (no jeans on the hills)
- Gloves and balaclava/woolen hat
- Suntan lotion/nivea
- Flask, teabags/coffee and dried milk
- Food for two breakfasts, two drum-ups, evening meal on Saturday and Sunday nights in the hostel. - Self-catering cooking facilities provided at Killarney Youth Hostel.

COST: £35 to include three overnights in Aghadoe, Killarney Youth Hostel, transport by bus from Dublin and back to Dublin and to start and end of walks each day.

BOOKING: Payment should be made at time of booking. Payment may be made by credit card.

Please leave your home/office phone numbers with the office when booking.

DEPARTURE AND RETURN: Bus will depart Liberty Hall, Dublin on Friday, 22nd Oct. 1993 at 6.00pm. sharp. The bus will arrive back in Dublin at 10.00pm. approx. on Monday, 25th Oct.

LEADERS: Jim Barry and Dave Rooney.

CAR TRIP TO SNOWDONIA 30th Dec 1993. - 3rd Jan. 1994

Staying at Bryn Dinas, Nant Gwynant, Caernarfon.

COST: £70 per person (5 people per car)
£80 per person (4 people per car)
Includes 4 overnights and Ferry-fare - food and petrol extra.

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PROPOSED PROGRAMME:

- Cnicht and the Moelwyns
- Snowdon - via South Ridge and Rhyd Ddu Path
- Nantlle Ridge
- Moel Hebog Ridge

LEADER: Dave Rooney TEL 344811 to arrange cars.

DEPOSIT: £40 to be paid by November 15th 1993

Please Note: Lower level walks can be arranged for the less energetic.

BASIC MAP AND COMPASS COURSE

This course is for **BEGINNERS** who never did a map and compass course before and who wish to lead groups in the hills.

Some hillwalking experience is necessary. Places are limited to 30 people. Therefore, it is advisable to book this course as soon as possible. The course entails 3 evening sessions – Tuesdays, and 2 weekends. Try to attend all sessions, if possible, but more importantly, the weekends.

Contact: Deirdre Ní Choileáin at 8423656 (H) after 6.30pm.

Deposit: £5

Total cost: £40 inclusive of weekends.

Course starts in October.

ORIENTEERING NEWS

The winners of the Orienteering event held on Sunday 11th July were:

Eoin Moroney, Mick Madden, Ger Walsh.

Many thanks to An Oige for awarding the following prize:

WEEKEND AWAY TO ANY HOSTEL OF THEIR CHOICE

Congratulations to the winners and also well done to all 36 participants who took part in this event. Competition was very high. Thanks are also due to the organisers and helpers - Donal Finn, Kevin Parker, Rosemary Stout, Kieran Byrne, Ann Prendergast and Liam Reinhardt. Thanks also to the people who participated and enjoyed the event.

Watch this space for future orienteering events.

LEADERS URGENTLY WANTED

CONTACT MARTIN FAGAN AT 8743082 (H) AFTER 7PM.