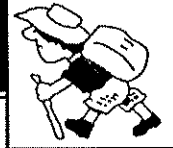




The newsletter of the An Óige Hillwalkers Club

SUNDAY HIKES



MEET: Outside Irish Press Offices, Burgh Quay
DEPART Sundays 10.00AM. (or when the bus is full)
COST: Private bus. £5.00 (unless otherwise stated)
NOTE: The leader has the right to refuse anyone who is not adequately equipped (i.e. without adequate rainwear, spare clothes, food, torch and hiking boots). The leader has the right to extend, curtail or alter the route from that described in the program. The leader sets the pace of the hike and walkers are expected to obey his/her instructions at all times.

Date	Route Description	Leader
5th Oct.	SPECIAL INTEREST HIKE Pier Gates - Lough Dan - Knocknacloghoge - Fancy Mtn. - Sheepshank Bridge - War Hill - Maulin - Crone Wood - Knockree Y.H. (See notes on page four)	Frank Rooney
12th Oct.	Barravore - Fraughan Rock Glen - Lugnaquilla - Table Track - Conavalla - Lugduffs - W.W. - Ballinafunshoge Car Park.	Roy Hennessy
19th Oct.	INTRODUCTORY HARD HIKE Ballysmuttan Bridge - Gravale - Duff Hill East Top - Mullaghcleevaun - Black Hill - Ballynultagh Gap.	Proinsias Mac an Bheatha.
26th Oct.	NO SUNDAY HIKE DUE TO WEEKEND AWAY TO THE MOURNE MOUNTAINS.	
2nd Nov.	Camaderry - Turlough Hill - Wicklow Gap - Tonelagee - Brockaghs - Laragh.	Brian Madigan

IMPORTANT NOTICE

Your club membership card **MUST** be carried and produced on all Sunday hikes. Numbered tickets will be given out on the quays by a committee member. People with a valid membership card and ticket will be given preference on the bus.

MOUNTAIN SAFETY NOTE

Mountaineering is an activity with a danger of personal injury or death. Participants should be aware of and accept these risks. People who take part in our club activities do so at their own risk and are responsible for their own actions and involvement. The Committee requests that anyone who is on medication or with a medical condition inform the leader before the hike.

WEEKENDS AWAY FOR 1997



Halloween Weekend in the Mournes

Date: October 24th to October 27th staying in Newcastle Y.H., Co. Down.

Organiser: Martin Fagan.

Leaders: Hard hikes - Martin Fagan. Moderate hikes - Shane Clarke.

Cost: £45.00 (Deposit £20.00).

Sat. 25th Oct. Hard hike: Slieve Muck - Carn Mtn. - Slieve Loughshannagh - Slieve Meelbeg - Slieve Meelmore - Slieve Corragh - Slieve Commedagh - Slieve Donard - Glen River - Hostel.

Sat 25th Oct. Moderate hike: Long Mountain - Chimney Rock Mountain - Slieve Donard - Glen River - Hostel.

Sun. 26th Oct. Hard hike: Hen Mtn. - Cock Mtn. - Pidgeon Rock Mtn. - Slievernoughanmore - Eagle Mtn. - Shanlieve - Pierce's Castle.

Sun. 26th Oct. Moderate Hike: Hen Mtn. - Cock Mtn. - Rocky Mtn.

Mon. 27th Oct.: Carrick Little - The Mourne Wall - Slieve Binnian - Wee Binnian - Moolieve.

PLEASE NOTE the bus for each of these weekends will leave the Custom House Quay at 6.00PM. **SHARP** for the outward journey and will arrive back in Dublin at approx. 9.00pm. on the return trip. **An Oige Cards** must be carried by each individual on these weekends. If you are not a member of **An Oige**, you can take out membership at head office.

LEADERS URGENTLY WANTED

Contact Jim Barry at 4556455 (home between 7.00pm. and 10.00pm.) or Martin Fagan at 8553653 (h)

YOUNG HILLWALKERS CLUB



SATURDAY HIKE: CIRCUIT OF HOWTH

Date: Saturday 8th November, 1997.

Meet: Irish Press Office, Burgh Quay.

Time: 8.45AM.

Bring: Packed lunch, flask, water, hat, gloves, wet weather gear and torch.

Wear: Boots, tracksuit bottoms (no jeans), warm sweater.

ADVENTURE WEEKEND AWAY

Date: 31st October to 2nd November, 1997.

Details of this weekend away were not available at time of publishing. For further information contact John Guy at 01-4524627 (h) or Dave Rooney at 01-8344811.

For further information about our club phone the An Óige Head Office at 01-8304555 or either John Guy or Dave Rooney at the above numbers.



FROM KILIMANJARO TO ZANZIBAR

Tanzania is at present estimated by the UN as being the third poorest country in the world. Having gained independence from Britain in 1964, its first President Julius Nyerere, pursued a policy of non-aligned socialism. His ideal was to give every citizen access to clean water, food, and a basic education. This was not enough for the people and with Nyere's replacement in 1985, a policy of private enterprise was pursued. Tourism is a growing sector of the economy, and we were glad to be able to contribute to this by using tour groups within the country as much as possible.

We flew Dublin/Paris to Nairobi in Kenya with Air France. Nairobi is an extremely depressed city with many people sleeping rough. We stayed in a cheap hotel for \$5 a night for B&B, and early the next morning we got a bus to Arusha in Tanzania. The bus cost \$20 each and left from outside the Norfolk Hotel, a rather grand establishment left over from colonial times. In Arusha we stayed in the Hotel Naaz, with mosquito nets and en-suite for \$10 a night.

The next day we set off on the six day safari to four of Tanzania's many National Parks. Firstly we visited Lake Manyara and continued on to the Serengeti National Park, which is 1/5 the size of Ireland. Here was true wilderness with nature still in total control. We camped here for two nights and each night lions would start roaring close to our tent. It was a very frightening experience, especially after having seen a Zebra being ripped apart by lions earlier in the day. Our guide informed us that they would not attack a tent, but that the Hyenas who follow the lions are capable of attacking. We heard of one guide who, after having a few beers one night, forgot to close the flap of his tent, had part of his face bitten off by a hyena. (Weekend organisers for An Óige would have no problems with late drinkers here!).

The following day we descended into the Ngorongoro Crater Reserve. This is an extinct volcano measuring 16 km. across and being a crater it retains the rains within its walls. Thus many animals can remain here all year while the seasonal drought drives the herds from the Serengeti northwards to the Masai Mara Reserve in Kenya.

The next part of our trip involved a six day climb of Kilimanjaro. This dormant volcano is the highest mountain in Africa and towers above the African skyline at 5,895 metres (19,340ft.). The first day's climb was through the tropical rain forest that ascended into the clouds. That evening brought rain and it was very cold. Day two took us above the clouds to Horombo Hut at 3,720m. We spent two nights here in order to acclimatise. Day four took us to Kibo Hut at 4,703m. Now we were passing frozen streams and soon desert conditions.

At midnight with the temperature at -10° C we began our final climb to the summit. It took 6½ hours of scrambling while gasping all the time for what little oxygen there was. All three of us reached the summit at Uhuru Peak, with its glaciers and craters. It took two days to descend to Moshi and our first decent meal in six days. We stayed in the YMCA Hostel (which has a swimming pool) for \$8 a night for B&B.

After a frightening seven hour bus journey to Dar es Salaam, we caught a ferry out to Zanzibar Island. The Island maintains a slight independence from Tanzania by charging \$5 entrance and exit tax and having its own immigration office.

The old Stonetown quarter of Zanzibar town has quaint narrow streets, shuttered windows and locals in exotic colourful gowns. The rest of the island is rural with banana plantations and coconut trees to be seen.

We returned to Nairobi for our flight home. Finally after 24 days away, we returned home after having had a great adventure and successfully climbed the highest mountain in Africa. In total the trip cost around £2,000, with the safari costing \$90 a day and Kilimanjaro costing \$100 a day with Shidolyo Tours in Arusha. These prices included guides, porters and meals. Not bad when you consider that one week trip to Kilimanjaro with Explore costs £1,500 minimum.

I finally would like to thank Muriel, Gillian, Leo, Gerry and Maura for all the advice that they gave us in the planning of this trip.

Proinsias Mac an Bheatha.

TRAINING UPDATE



MAP & COMPASS COURSE

This course, which includes three evening classes and two weekends offers people an ideal opportunity to learn essential navigational skills or help people improve on their skills in order to become more independent in the hills.

- COST:** £35.00 approx. (not including petrol money for first weekend).
DEPOSIT: £10.00 (non-refundable)
BOOKING: Book in An Oige Head Office tel. 01-830 4555 A.S.A.P.
EVENING CLASSES: 4th November, 25th November and 9th December. These Tuesday evening classes will be held in An Oige YH, Mountjoy St. between 8.00PM and 10.00PM.
BRING: OS Survey sheet no. 56 (covering Wicklow), Silva Type 4 compass (not army type), pen and paper. Details of the weekend training will be given at the evening classes.
FIRST WEEKEND: Saturday 8th November - training in the Glendalough area (returning home that evening).
Sunday 9th November - orienteering in Ballinastoe.
Please pay driver £5.00 towards petrol for each day.
SECOND WEEKEND: 13th and 14th December in the Mourne Mountains.

For further information contact Joe Kellegher at 01-838 1973 (h).

SOCIAL NEWS



IT'S PARTY TIME!

THE HILLWALKERS CLUB CHRISTMAS PARTY WEEKEND AWAY

Date: Travel to Baltinglass by special bus on evening of Friday 28th November and return on evening of Sunday 20th November 1997.

Cost: £45. This covers transport, two overnights, a cheese and wine reception on Friday evening, and dinner on Saturday evening. You will need to bring two breakfasts and two lunches.

Transport is by bus. Two busses will leave the Custom House at 6.30PM. on Friday.

There will be a harder and an easier hike on Saturday and one hike on Sunday. On Saturday evening after dinner there will be a sing-song so we ask you to bring along your musical instruments and singing voices. There will also be a slide show and ceili.

Payment is non-refundable and to be paid in full by Friday 14th November. Cheques and postal orders only - no cash please, made payable to The Hillwalkers Club, and sent to Maggie Greaney, 68 Newtownpark Avenue, Blackrock, Co. Dublin. Money will **NOT** be collected by any other club member or collected on hikes. Unfortunately due to some problems the organisers has last year it was decided that admittance will be by invitation card only. These cards will be sent on receipt of money and this card will be collected on the bus by a committee member.

HOLIDAYS AWAY

THE CANADIAN ROCKIES FOR THREE WEEKS IN THE SUMMER OF 1998

Does the prospect of spending three weeks in the Canadian Rockies in the summer of next year sound appealing? If so, Martin Fagan will hold a meeting in the International Youth Hostel, Mountjoy Street, on Tuesday, 21st October at 8.00pm. to discuss his plans.

THE HILLWALKERS COMMITTEE

Chairperson & Sunday Hikes: Jim Barry (01-4554655 h)
Secretary: Donal Finn (01-4530617 h)
Treasurer: Proinsias Mac AnBheatha (01-8379897 h)
Training Officer: Joe Kellegher (01-8381973 h)
Weekends Co-ordinator: Martin Fagan (01-8553653 h)
Membership Secretary: Pauline Morley/Ger Walsh (01-8225818 h)
Editor: Maggie Greaney (01-2834253 h)
Young Hillwalkers: John Guy (01-4524627 h) or Dave Rooney (01-8344811)

A NOTE FROM THE EDITOR



Have you travelled anywhere abroad or indeed in Ireland that you think members would like to read about?

Please put pen to paper and send some articles or items of interest to the address below for inclusion in the newsletter.

Also, book reviews on hillwalking and related topics would be very welcome.

Articles for inclusion in the combined November newsletter should be sent before Friday 17th October to,

Maggie Greaney, 68 Newtownpark Avenue, Blackrock, Co. Dublin.