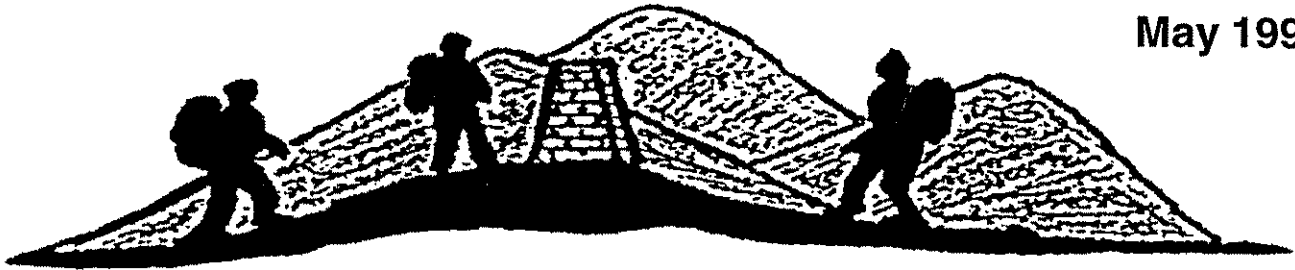


The Hillwalker

May 1998



The magazine of the An Óige Hillwalkers Club

The Hillwalker's innards this month include:

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The Young Hillwalkers in Ballinclea

Photo: Maggie Greaney collection

SUNDAY HIKES



MEET: Outside Irish Press Offices, Burgh Quay

DEPART Sundays 10.00AM. (or when the bus is full)

COST: Private bus. £5.00 (unless otherwise stated)

NOTE: The leader has the right to refuse anyone who is not adequately equipped (i.e. without adequate rainwear, spare clothes, food, torch and hiking boots). The leader has the right to extend, curtail or alter the route from that described in the program. The leader sets the pace of the hike and walkers are expected to obey his/her instructions.

BRING A TORCH

Date	Route Description	Leader
3rd May	Circuit of Glencullen N.B. This hike will be done by local bus.	Leader to be appointed
10th May	Fentons - Camara Hill - Lugnaquilla - Clohernagh - Art's Lough - Glenmalure - Lugduffs - Mullacor - Glendalough	Sean Feeney
17th May	SPECIAL SUNDAY HIKE IN THE BLACKSTAIRS MOUNTAINS (Introductory Hard Hike) There will be an easier and a more difficult hike. Price of bus £8	Martin Fagan & Jim Barry
24th May	Annual JB Malone Memorial Walks. Longer Walk: Pier Gates - White Hill - Tonduffs - Maulin - Crone Wood - Knockree YH. Shorter Walk: Pier Gates - White Hill - W.W. - Crone Wood - Knockree YH. Refreshments will be served at YH.	Co-ordinator on the day will be Martin Fagan
31st May	No Sunday hike due to Club weekends away	

The hiking programme is subject to alteration during periods of extreme weather conditions.

IMPORTANT NOTICE

Your club membership card **MUST** be carried and produced on all Sunday hikes. Numbered tickets will be given out on the quays by a committee member. People with a valid membership card and ticket will be given preference on the bus.

MOUNTAIN SAFETY NOTE

Mountaineering is an activity with a danger of personal injury or death. Participants should be aware of and accept these risks. People who take part in our club activities do so at their own risk and are responsible for their own actions and involvement.

The Committee requests that anyone who is on medication or with a medical condition inform the leader before the hike.

YOUNG HILLWALKERS CLUB



SATURDAY HIKE

Date: Saturday 10th May 1998.
Route: Maulin & Crone Wood.
Meet: Irish Press Office, Burgh Quay.
Time: 8.45AM.
Bring: Packed lunch, flask, water, hat, gloves, wet weather gear and torch.
Wear: Boots, tracksuit bottoms (no jeans), warm sweater.

ADVENTURE WEEKEND AWAY

Date: 20th June to 22nd June 1998
Bring: Food for two breakfasts, two packed lunches and one evening meal. Full set of hiking gear (see above) and complete change of clothes.
Cost: Under 18 £15 and over 18 £20. This includes two overnights and transport.
Transport: Bus leaves Custom House Quay at 6.30PM., Friday and arrives back at Supermacs, O'Connell St. at 5.00PM. (approx.) on the following Sunday.
The weekend activities will include day hikes, map & compass training and lots of fun.

ADVENTURE WALKING HOLIDAY TO NORTH WALES

2nd - 7th July 1988
An Oige Head Office, 61 Mountjoy St., Dublin 7. Tel. 01-8304555.
Dave Rooney, Lorraine Brady and Séan Dunne
For details see April magazine or contact An Oige Head Office.

For further information about our club phone the An Óige Head Office at 01-8304555 or either John Guy at 01-4524627 (h) or Dave Rooney at 01-8344811 (h).

During our weekends we give some time to various aspects of hill walking and looking after yourself on the hills. At Ballinclea we tried out some recipes for high energy bars. The best recipe was by Dr. Chris Fenn of "Trail" magazine. This bar is an excellent source of energy which is released over quite a long period - much more sustaining than the chocolate biscuits so many people eat on the hills.

FENN'S FLAPJACKS

Liquid Ingredients

4oz. Margarine
2 Table Sp. Vegetable Oil
1 Table Sp. Honey
1 Table Sp. Marmalade
2oz. Brown Sugar
1 Table Sp. Treacle

Dry Ingredients

5oz. Ready Brek
2oz. Crushed Cornflakes or Branflakes
2oz. Chopped Dates
20z. Chopped Walnuts
(Sunflower or Sesame Seeds will do instead)

Melt all liquid ingredients in a saucepan. Add dry ingredients and mix very well. Press mixture into baking tin. Bake for 30 minutes at 150 degrees.
Cut while hot - makes 12 bars.
Leave to cool in tin.

LONG WALKS PROGRAMME FOR 1998



Walk	Date	Organising Club	Contact Person
Barrow Walk		HF Walking Club	No details yet
Blackstairs Walk	16th May	Wayfarers Association	Alice Ring 01-8377344
Mountain Challenge	16th May	Dublin/Wicklow Mountain Rescue Team	Michael Treacy 01-8683476
Galty Walk	13th June	Tyndall MC/ Tullow MC	Ann Taylor, 26 Kells Road, Kilkenny
Bangor Trail	20th June	Nephin Beg MC	Colm Geraghty 098-41834
Circuit of Imaal	20th June	An Óige	01-8304555
Lug Walk		Irish Ramblers Club	Not this year.
Benbulbin Challenge	18th July	Sligo MC	Michael Mulligan 071-41267
Mourne Seven Sevens	8th August	Spartan Red Sox	Jim Browne 08012332-647854 (h)
Burren Walk	29th August	Thomond Orienteers	Alan Shaw 064-41121
Glover Highlander	12th September	North West MC	Alan Tees 0801504-810834

BLACKSTAIRS WALK 1997

Date: 16th May 1998.
Organising Club: Wayfarers Association, Dublin.
Map No: OS Sheet No. 19.
Fee: £5.00 (payable on the day)
Opening checkpoint: The walk starts at Killanure (Grid Ref.: S 890 537) and finishes at Byrnes Pub, Glin (Grid Ref.: S 745 395).
Checkpoint opening time: 7.30a.m. Latest start time: 8.30a.m..
Checkpoint list: Killanure - Top of Track - (Blackrock Mtn. 1,973ft) - Mt. Leinster 2,610ft. - (Knockroe 1,777 ft.) - Scullogue Gap - Blackstairs Mtn. 2,409ft. - (Cahir Roe's Den) - (1,813ft.) - Carrigalaghan Gap - (1,679ft.) - Ballycinnigan Rock - (Base of Dranagh Mtn.) - Glynn.
Distance: 16 miles.
Height gain: 5,000ft.
Average time: 9 hours.

Note from the organisers:

Participants must be over 17 years of age. The latest time to reach the checkpoint at Scullogue Gap is 1.00p.m. and the walk must be finished by 6.30p.m. A campsite is available at St. Mullins. Two busses will leave at 6.45a.m. for the start of the walk. One will leave from St. Mullins (the campsite, the other from Glynn. The bus trip will cost £2.00, payable on the bus. Participants are advised not to drive to the start of the walk as there is no official transport from the finish back to the start. The bus should be used to the start.

PLEASE NOTE These walks are NOT led hikes. Participants need to know how to navigate and have a high level of fitness. You are responsible for yourself during these walks.

LOCAL HISTORY

GLENMALURE

(Gleann-Malowra or Malowra's Glen)

Glenmalure has long been associated with the rebel Fiach MacHugh O'Byrne. On 25th August 1580 the Lord Deputy Lord Grey de Wilton set out from Rathdrum with a force of about a thousand horse and foot soldiers on a mission to capture O'Byrne and to end his clan's activities. The O'Byrnes set up an ambush on each side of the Glen and when the redcoats entered they were set upon by the rebels. The battle lasted half an hour and over eight hundred lives were lost. Grey led the survivors in defeat back to Dublin. Fiach Mac Hugh continued to evade capture and was pardoned for a second time in 1581. In 1594 his sons attacked and burned the house of the Sheriff of Kildare as a result of which Fiach was proclaimed a traitor with a reward of £150 for his capture. He was finally captured on 8th May 1597 at 'Catgut Cave' on Fananerrin. He was beheaded and his head was impaled on the gates of Dublin Castle.

A granite boulder, known as Cullen's Rock stands near the mouth of the valley. Two plaques were erected on it to commemorate O'Byrne and Michael Dwyer. A gallows was erected here by British forces in 1798 to hang local rebels.

The rebel Michael Dwyer is also associated with the glen. Two of his loyal supporters, Hugh Vesty Byrne and John Mernagh were born in the area. In another battle in the glen on 15th October 1798 the rebels opened fire on General Eustace and eighty redcoats who were on patrol in the area. Eustace claimed he was outnumbered and retreated only to return the following day with five hundred men, but Dwyer retreated into the mountains where he set up headquarters. He continued his struggle with the Crown for the next five years.

During this period the barracks at Drumgoff was built and was occupied by the redcoats for only twenty years before being leased to the Royal Irish Mining Company to house workers. The lead mine at Ballinafunshoge, near Drumgoff, was once operated by the Royal Irish Mining Company. The mine produced 300 tons of galena (lead) annually in the early part of the nineteenth century. The old Drumgoff Barracks was used to accommodate workers at the mines.

At this time there were many small farmers living in the glen. The Zig-Zag track leading uphill beside the Carrawaystick Waterfall was used as access to turf bogs in the flat valley above.

THE CLUB SLIDES



The Hillwalkers Club continue their very popular series of slide shows on:

Tuesday May 26th, at 8.30PM, in The Palace Bar, Fleet Street.

The Canadian Rockies

presented by

Paul Kavanagh & Maggie Greaney.

This slide show will be of interest to people going on Martin Fagan's trip to Canada this summer.

Admission is free

WEEKENDS AWAY



THE BEARA PENINSULA, CO KERRY.

June Bank Holiday Weekend

(Friday 29th May to Monday 1st June 1998)

Organisers: Donal Finn and Joe Kellegher.

Details: See April magazine. For further information contact An Óige Head Office at 01-8304555 or Donal Finn at 01-4530617

SNOWDON RANGER, SNOWDONIA, WALES

June Bank Holiday Weekend

(Friday 29th May to Monday 1st June 1998)

Depart: Friday at 7.30PM. from An Óige, 61 Mountjoy St. Bus travels by ferry to arrive at hostel by midnight. Arrive back in Dublin at 9.00PM. on Monday.

Food: All meals provided by hostel.

Hikes: Hard, moderate and easy hikes.

Cost: £130 and includes all transport, accommodation and full board.

Leaders: Séan Dunne, Ita O'Hanlon Dave Rooney, & Jim Barry

Booking: Now open in An Óige Head Office.

HOLIDAYS AWAY



WALKING HOLIDAY IN SCOTLAND

11th to 25th July 1998

(14 nights)

Cost: £495 (non-refundable deposit of £150) to include all transport, overnights in hostels and full board (self-catering)

Leaders: Ita O'Hanlon & Margaret Darcy

Booking: Now open in an Oige Head Office tel: 01-8304555

Max. number of persons is 20. Holiday insurance is not included. Participants are expected to take out insurance cover and provide evidence of this when making final payment.

1798 COMMEMORATIVE WALK



The highly popular series of commemorative 1798 walks continues on Sunday 28th June 1998.

This walk is from Killealy and arriving Kilcumney (via Siligue Gap) for the '98 celebrations.

For further information contact Artie O'Connor at 0503-22020 or Martin Nevin at 0503-21202.

CLUB T-SHIRTS

Hillwalkers Club T-shirts are now on sale.

Sizes medium and large.

Send £5 (cheque or postal order only - NO CASH) to cover post and packing to Maggie Greaney, at the address below.

State the size required along with your name, address and telephone number

THE CLUB COMMITTEE

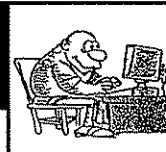


Chairperson:	Martin Fagan (01-8553653 h)
Secretary:	Donal Finn (01-4530617 h)
Treasurer:	Prionsias MacAnBheatha (01-8379897 h)
Editor:	Maggie Greaney (01-2834253 h)
Sunday Hikes:	Jim Barry (01-4556455 h)
Weekends/Holidays:	Martin Fagan
Membership Secretary:	Gerry Walshe/Pauline Morley (01-8225818 h)
Training Officer:	Joe Kellegher (01-8381973 h)
Social Events:	Donal Finn / Martin Fagan
Young Hillwalkers:	John Guy (01-4524627 h) or Dave Rooney (01-8344811)
Other members:	Frankie Comerford
Distribution:	Cyril McFeeney

To facilitate quicker processing of membership, please send application forms and fees directly to membership secretary and not to An Oige Head Office.

Membership currently stands at 172.

A NOTE FROM THE EDITOR



Have you travelled anywhere abroad or indeed in Ireland that you think members would like to read about?

Please put pen to paper and send some articles or items of interest to the address below for inclusion in the newsletter. If possible the articles should be typed or in electronic form and should be a maximum of *one A4 page of text*. A stamped and addressed envelope should accompany any photographs or article to ensure their return.

Also, book reviews on hillwalking and related topics would be very welcome.

Articles for inclusion in the June newsletter should be sent before Monday 11th May 1998 to: