



MARCH PROGRAMME

- MEET:** Outside the Irish Press Offices, Burgh Quay.
- TIME:** Sundays 10.00 am.
- BRING:** Rainwear, flask, sandwiches, torch, reflective armbands and a change of clothes.
- WEAR:** Hiking Boots. **RUNNERS NOT ALLOWED.**
- TRANSPORT:** Private bus. Price £5 (unless otherwise stated.)
- NOTE:** The leader has the right to refuse anyone who is not adequately equipped. On the day of the hike, the leader may extend, curtail or alter the route in any way from that described in the programme.

The leader sets the pace of the hike and walkers are expected to obey his/her instructions at all times.

BRING A TORCH AND REFLECTIVE ARMBANDS

Sunday 05th March INTRODUCTORY HARD HIKE

Route: Croaghanmoira, Ballincor, Fannierin, Aughavannagh.

Leader: Frankie Commerford

Sunday 12th March SORREL HILL TO BALLYKNOCKAN

Route: Sorrel Hill, Mullacleevaughan, Moanbane, Ballyknockan.

Leader: Jim Barry

Sunday 19th March No hike due to weekend in the Galtees.

Sunday 26th March FIRST STAGE OF THE LUG WALK. STONE CROSS TO SALLY GAP.

The Lug walk will take place in June, 33 miles long, from Stone Cross to Camara Hill in the Glen of Imaal. I will be doing the walk in 3 stages, to give you some idea of the route and expected terrain.

Leader: Martin Fagan

Sunday 02nd April INTRODUCTORY HARD HIKE

Route: Pier Gates, White Hill, Djouce, Djouce Woods.

Leader: Cyril McFeeney

NOTE TO LEADERS: THERE IS A FIRST AID KIT ON THE BUS. WALKIE TALKIES MUST BE USED ON ALL HIKES, PLEASE BRING THEM WITH YOU.

Mountain safety note

As hill walking can sometimes be a hazardous activity, it is requested that any walkers on medication, or with a medical condition, inform the leader of their condition before the hike.

**MEETING PLACE AT END OF HIKES:- THE PALACE BAR
FLEET STREET.**

Hill walkers Saturday club

This club is for young people aged 13 to 16 years and hikes take place on one Saturday of every month. Transport is by local bus / DART - depending on the area the hike is being organised in.

SATURDAY HIKE FOR MARCH

DATE: SATURDAY 11TH MARCH
MEET: Irish Press Office, Burgh Quay.
TIME: 8.45 am Arrive back in Dublin at 6 pm. approx.
HIKE ROUTE: **CIRCUIT OF HOWTH**
LEADER: Dave Rooney
WEAR: **HIKING BOOTS AND A TRACK SUIT**
DO NOT WEAR JEANS.

You don't have to be a teenager to hike with the Saturday Club - why not make up a party? Remember, two adults and up to four children can travel on a family ticket for £6.

WEEKENDS AWAY.

ST. PATRICKS WEEKEND IN THE GALTEE MOUNTAINS

COST: £35 - *This includes overnights, transports - to from Dublin, Transport to and from hikes each day.*

HOSTEL: *Ballydavid Wood Youth Hostel.*

BOOKING: *An Oige head office , Mountjoy Street, Tel.8304555. Credit card bookings accepted.*

DEPOSIT: £20

MEALS: *Warden will provide meals on Friday and Saturday night. Please indicate when booking if you wish to avail of this option. Payment for meals to be made directly to leaders on weekend itself, (£10 for two meals)*

DEPART: *Custom House. Thursday March 16th at 18:00 hrs.*

LEADERS: *Jim Barry and Dave Rooney.*

WICKLOW WAY BACKPACK.

- DATE:** Friday 28th April - Monday 01st May 1995.
HOSTELS: Knockree, Glendalough and Aughavannagh.
COST: £14.50 for three overnights and special bus on Monday evening (approx £6 per person).
Visa accepted. Tel.830 4555.
MEET: Craft shop Marley Park at 6.00p.m. on Friday 28th April for hike to Knockree YH. We will arrive back in Dublin at 7.00pm approx. on Monday 01st May.

This was a very enjoyable hostel to hostel backpack last time and is being repeated this year in response to numerous requests.

WALKING WEEKEND IN WALES

This is a joint trip with the newcomers committee.

- DATE:** Friday 02nd June - Monday 05th June 1995
arriving back in Dun Laoghaire at approx 06.00am on Tuesday 06th June.
HOSTEL: Snowdon Ranger
COST: approx £120 with a deposit of £60 required.
ROUTES: *Saturday* - Welsh 3000 challenge, hike from the sea to the top of Snowdon, all the 3000ft mountains on the way(17 miles to top of Snowdon and 5 easy miles down).
Sunday - a short day on the Mole Hebog ridge
Monday - classic circuit of Cader Idris.

MODERATE HIKES WILL BE ORGANISED EACH DAY

As we have had to turn people away for the last two years, please book at Head Office as soon as possible to secure a place. Everything is included in cost- all transport, meals, sheetbag hire. Only pocket money required. Vegetarians are very well catered for at this hostel.

BASIC FIRST AID COURSE

- VENUE:** St John Ambulance Brigade of Ireland
29 Upper Leeson St
Dublin 4. Tel. 6688077
- DURATION:** 8wks. Seven lectures and exam on eight night.
- COST:** £40 + £9 for First Aid manual.
Cheques and postal orders should be made payable to St John's Ambulance Brigade and sent directly to the above address and not to An Oige, before the course commences.
- DATE:** Course commences on the 11th April 1995.
The course is run on Tuesday night from 8 - 10pm.
There will be a lecture for the first hour and a practical for the last hour based on the lecture. Please arrive early on the evening of the first lecture for enrolment.
- NOTE:** Anyone who intends doing the Mountain Leadership course needs to have a current basic first aid certificate.

MAP AND COMPASS PRACTICE WEEKEND

This weekend is for people who have already completed a basic map and compass course. The idea is that the participants plan out a route card, and each person on the weekend leads a particular section of the walk. Two experienced people will be on the weekend to assist.

- DATE:** 28th April to 1st May 1995 (May Bank Holiday weekend)
- ORGANISERS:** Don Reilly 8428874 (h) Antoin Spain 4906913(h)
- AREA:** Maam Turks walk and Bens area.
- DEPOSIT:** £10. Contact the above organisers for details.
- PLACES:** Limited to 30 people

Experienced people interested in doing the Maam Turks long distance walk 29th April may go on this weekend. Map and compass skills are needed to this walk. Distance 15 miles and ascent 7000ft.

BACKCHAT - The Hill walkers social column.

Any news or views, articles for sale, get well wishes, holiday ideas, give Dave Rooney a buzz, on 8344811(h) after 7p.m.

AN OIGE SOCIAL NEWS

SWIMMING: Every Tuesday evening, in the E.S.B. Sports Co.
South Lotts Road, Ringsend, between 9p.m. and 10p.m.
PRICE: £1.50

ANOTHER SOCIAL NIGHT

KEVIN PARKER and JIM SMITH are running another of their very successful social nights.

FRIDAY 21st APRIL 1995

IN

THE RINGSIDE CLUB

(Beside the National Stadium)

FROM 8pm TO 12.30 pm

(Last admission 10.30 pm)

TICKETS £3 - Limited to 300

(Meals available on the evening at extra cost.)



Tickets available from An Oige Head Office. Tel. 8304555
Kevin Parker. Tel. 4534627. Jim Smith. Tel. 4535854

APRIL PROGRAMME

APRIL PROGRAMME: Articles or notices for inclusion in the April *Hillwalker* should be sent by Monday 13th March to :-

Ger Walsh
14 Londonbridge Drive,
Sandymount,
Dublin 4.

Anything received after this date will not be included.

FOUND

*On map and compass weekend in the Comeraghs, 1 balaclava
and 1 black washbag. These items are now in head office.*

THE 64TH ANNUAL GENERAL MEETING OF

AN ÓIGE

Will Take Place

On

THURSDAY 6TH APRIL 1995

At 8.00 PM

In

DUBLIN INTERNATIONAL YOUTH HOSTEL

61 MOUNTJOY STREET

DUBLIN 7

Light Refreshments Will Be Served After the Meeting

NOTICES OF MOTIONS TO BE

RECEIVED BY THE UNDERSIGNED

NOT LATER THAN

THURSDAY 16TH MARCH 1995

SIGNED:

Marie McDonnell

Hon. National Secretary