



## March Programme

MEET	Outside the Irish Press Offices, Burgh Quay.
TIME	Sundays, 10.00am.
BRING	Rainwear, flask, sandwiches, torch, reflective armbands and a change of clothes.
WEAR	Hiking boots. <b>RUNNERS NOT ALLOWED.</b>
TRANSPORT	Private bus – Price £5 (unless otherwise stated)
NOTE	The leader has the right to refuse anyone who is not adequately equipped. On the day of the hike, the leader may extend, curtail or alter the route in any way from that described in the programme. The leader sets the pace of the hike and walkers are expected to obey his/her instructions at all times.

- ✓ Sunday March 6th **INTRUDUCTORY HARD HIKE**  
Route: Ballinedin, Sl. Mann, Lugnaquilla, Camara Hill, Fenton's.  
Leader: Jim Barry **BRING A TORCH**  
Meet: Irish Press, Burgh Quay 10.00am.
- ✓ Sunday March 13th **GLENDALOUGH TO WICKLOW GAP**  
Route: Sphinx, Lugduff, Loch Firib, Camaderry, Turlough Hill, Wicklow Gap.  
Leader: Kevin Kelly. **BRING A TORCH**  
Meet: Irish Press, Burgh Quay, 10.0am.
- Sunday March 20th **DUBLIN MOUNTAINS**  
Route: Rochbrook, Glenadoo, Tibbradden, Fairy Castle, Kilmacnogue, Marley Park.  
Leader: Frankie Commerford **BRING A TORCH**  
Meet: Irish Press, Burgh Quay, 10.0
- Sunday March 27th **WICKLOW WEST**  
Route: Church Mt. Corriebraacks, Lobawn, Sugarloaf, Snugborough Bridge.  
Leader: Dave Rooney. **BRING A TORCH**  
Meet: Irish Press, Burgh Quay 10.00am.
- Sunday April 3rd **NO SUNDAY HIKE** due to Easter Weekend in Connemara
- Sunday April 10th **GLEN OF IMALL WALK - Stage 1**  
Route: Brusselstwon, Keadeen, Ballineddin, Slieve Mann, Lugnaquilla, Camara Hill.  
Leader: Martin Fagan. **BRING A TORCH**  
Meet: Irish Press, Burgh Quay 10.00am.

### MOUNTAIN SAFETY NOTE

As hill walking can sometimes be a hazardous activity, it is requested that any walkers on medication or with a medical condition, inform the leader of their condition before the hike.

## LEADER TRAINING

### INTRODUCTION

During 1994, the Hillwalkers will run a programme aimed at training new leaders for Sunday hikes and weekend hikes. The motivation for this is based on the need for more members to become involved in leading hikes. The programme will be most suitable for those who have already completed a preliminary map and compass course during 1993 and now feel they would like the opportunity to lead hikes.

### FORMAT

Monthly Saturday training hikes with experienced leaders.  
Organised reconnaissance hikes with existing leaders.  
Co-leading of Sunday hikes with existing leaders.

The Saturday training sessions will be based on small groups of about six people and will be organised by one of the leaders listed below. The hikes will give members the opportunity to increase their navigational and observational skills and eventually become involved in organising Sunday hikes.

People interested in participating in this programme should contact directly the leader cited in the programme for that month to make arrangements.

### LEADER TRAINING ORGANISERS

Donal Finn    Ita O'Hanlon  
Martin Fagan    Deirdre Ni Choileain

### MARCH TRAINING / RECONNAISSANCE HIKE

Leader: Ita O'Hanlon. Tel: 310571  
Date: Saturday March 19th  
Region: Laragh, Brockaghs, Tonelagee.  
Arrangements: Contact leader directly.

### MAP AND COMPASS TRAINING

A programme will be run in 1995.

## ORIENTEERING NOTES

MARCH 6	Sugarloaf Kilmacanogue, Co. Wicklow. UCDO (C4) GR O 25 15
MARCH 20	Clara Laragh, Co. Wicklow. 3 ROC (C4) GR T 16 93
MARCH 27	Hollywood, Co. Wicklow. CNOC GR N 94 96

For further information contact: Deirdre Ni Choileain at 8423656 (H)

**WEEDEDS AWAY**

**MAY BANK HOLIDAY WEEKEND TRIP TO SNOWDONIA**

**FRIDAY 29TH APRIL - MONDAY 2ND MAY 1994**

**PROGRAMME OF WALKS:** Saturday - Snowdon Horseshoe  
Sunday: Carneddau  
Monday: Trefyan - Brustly Ridge - Glyders

Approximate cost is £110. Deposit of £50 secures place.

Price includes: All meals, accomodation, fares and transport to and from all walks.

Everything provided except pocket money!

Travel by Sea Lynx - 19.30 Friday. Arrive back Dun Laoghaire 23.50 Monday.

As this is a joint outing with the moderate hikers, early booking is advisable - last year several members were too late booking and so missed a place.

Booking is now open. Bookings can be made in the An Oige Head Office by cash or cheque or by phone using Visa or Access.

**PEMBROKESHIRE COASTAL PATH WALK**

**DURATION OF ONE WEEK**

**EARLY SEPTEMBER 1994**

**LEADER: GARRY BYRNE**

**FULL DETAILS WILL BE PUBLISHED IN FUTURE PROGRAMME**

**SOCIAL NEWS:**

**THEATRE OUTINGS:** 1. The Bird Sanctuary - The Abbey - Night out Wednesday March 23rd.  
Cost: £9 - pay by the 14th March. Meet at theatre.

2. Single White Male - The Crypt, Dublin Castle - Night out Thursday  
21st April  
Cost: £4 - pay by the 11th April. Meet at the theatre.

20 seats booked for each play as above. Payment in full through An Oige office by dates specified above. If demand requires it then additional seating can be booked if known in advance.

**BRIDGE CLASSES;** Volunteers required to teach Bridge. Teachers and "pupils" should ring Britt O'Sullivan at 2831218 (h) for further details.

**LEADERS URGENTLY WANTED**

**CONTACT MARTIN FAGAN AT 8743082 (H) AFTER 7PM.**

## HOLIDAYS ABROAD

### ENGLISH LAKES WALKING HOLIDAY - JUNE 1994

Martin Fagan is organising a walking holiday to the English Lake District from June 4th to June 12th 1994. A meeting will be held on Monday, 21st February, in the Dublin International YH, Mountjoy St., at which a deposit of £60 will be taken from anyone interested in this holiday. We need to take deposits at this meeting so that Martin can confirm the hostel bookings.

The approximate cost of this trip is £150 and this includes boat, return train to Penrith and 8 overnights.

All hostels in the Lake District are of a very high standard with good quality drying rooms. People going on this holiday will have the option of self-catering or availing of the hostel meals. Heavy rucksacks will be carried by van between the hostels.

The proposed itinerary will be as follows:

SATURDAY JUNE 4TH: 9.00am.	Sail from Dun Loaghaire to Hollyhead Train from Holyhead to Penrith. Bus from Penrith to Patterdale YH (overnight).
SUNDAY JUNE 5TH :	Walk from Patterdale YH to Grasmere Thorney How (overnight)
MONDAY JUNE 6TH:	Walk from Grasmere to Wastwater YH (overnight)
TUESDAY JUNE 7TH:	Local walk Wastwater YH (overnight)
WEDNESDAY JUNE 8TH:	Walk from Wastwater YH to Honnister Hause YH (overnight)
THURSDAY JUNE 9TH:	Honnister Hause YH to Keswick YH (overnight)
FRIDAY JUNE 10TH:	Local walk Keswick YH (overnight)
SATURDAY JUNE 11TH:	Local walk Keswick YH (overnight)
SUNDAY JUNE 12TH:	Bus from Keswick to Penrith Train from Penrith to Holyhead. Boat from Holyhead to Dublin (arrival 7.00pm.)

## WEEKENDS AWAY

### EASTER WEEKEND IN BEN LETTERY

31st March to 5th April 1994

#### PROGRAMME OF WALKS FOR THE WEEKEND

Saturday: Muckanaght, Benbawn, Glencorbett, Glen Caghan.

Sunday: Killary Harbour Walk.

Monday: Failmore Horseshoe.

Moderate hikes will also be conducted on all days.

Organisers: Martin Fagan Ita O'Hanlon

Cost: £45 - deposit of £15. Balance payable on the bus or to a committee member

Self-catering facilities provided in Ben Lettery Hostel. Transport to and from Dublin by bus. Bus will depart from Liberty Hall, Dublin on Thursday 31st March at 6.00pm. sharp and will arrive back in Dublin at 10.00pm. approx on Monday 4th April.

Leaders: Martin Fagan tel: 8743082 (after 7.00pm.) Ita O'Hanlon

## LONG WALKS PROGRAMME FOR 1994

Comeragh Bog Trot	Peaks CC	23rd April 1994
Barrow Towpath	HF Walking Club	NOT THIS YEAR
Maum Turks	UCG MC	30th April
Blackstairs	Wayfarers Assoc.	14th May
Nephin (Bangor-Newport)	Skerdagh MC	18th June
Lug Walk	Irish Ramblers Club	NOT THIS YEAR
Ring of Imaal	An Oige	25th June
Benbulbin Challenge	Sligo MC	?
Mourne Seven Sevens	Spartan Red Sox Walking Club	?
Galtee Walk	Tyndall MC	?
Burren	Thomond Orienteers	?
Glover Highlander	North West MC	?
Mourne Mtn. Marathon	Andersons	?

Anyone interested in taking part in the above walks should ring Dave Rooney - long walks co-ordinator at 8344811 (H) after 7.00pm.

The following is an extract from a letter we received from Walking World Ireland:



109 Old County Road, Crumlin, Dublin 12. Tel: (01) 545135/6 Fax: (01) 545142

Issue 2 of Walking World Ireland, the magazine for walkers and all those who value Ireland's countryside and environment, will be published nationally on February 24th.

Following on the success of the launch issue, we intend to make Walking World Ireland a comprehensive voice in all areas of interest to walkers.

We therefore value the input of all groups and individuals active in any area of outdoor leisure, and in the many closely related fields such as environmentalism and conservation. If you have any items of news, announcements or forthcoming events which may be of interest to our readers, please contact me.

Yours sincerely

Conor O'Hagan  
Editorial and Art Director

### AN OIGE HILLWALKERS COMMITTEE FOR 1994

Chairperson/Delegate to Executive:	Jim Barry	Tel: 4556455
Secretary/Vice Chairperson:	Sean Dunne	
Treasurer:	Prionnsias MacAn Bheatha	Tel: 8379897
Training Officer:	Ita O'Hanlon	Tel: 8310571
Training Sub-committee:	Deirdre Ni Choileain	Tel: 8423656
	Martin Fagan	Tel: 8743082
	Joe Gilvarry	
Long Walks Co-ordinator:	Dave Rooney	Tel: 8311844
Sunday Hikes Organisers:	Martin Fagan	Tel: 8743082
	Donal Finn	
Editor:	Maggie Greaney	Tel: 4975063