



## JUNE PROGRAMME

- MEET:** Outside the Irish Press Offices, Burgh Quay.
- TIME:** Sundays 10.00 am.
- BRING:** Rainwear, flask, sandwiches, torch, reflective armbands and a change of clothes.
- WEAR:** Hiking Boots. **RUNNERS NOT ALLOWED.**
- TRANSPORT:** Private bus. Price £5 (unless otherwise stated.)
- NOTE:** The leader has the right to refuse anyone who is not adequately equipped. On the day of the hike, the leader may extend, curtail or alter the route in any way from that described in the programme.

**The leader sets the pace of the hike and walkers are expected to obey his/her instructions at all times.**

**Sunday 04th June Third stage of the Lug walk**

**Route:** Wicklow Gap to Glen of Imaal.

**Leader:** Martin Fagan

**Sunday 11th June Ballynulty Gap to the pier Gates**

**Route:** Ballynulty Gap, Black Hill, Mullaghcleevaun, East Top, Duff Hill, Gravale, Military Road, Knocknacloghoge, Pier Gates.

**Leader:** Joe Gilvarry

**Sunday 18th June Circuit of Glendalough**

**Route:** Glendalough, Sphinx, Lugduff, Lough Firib, Turlough Hill, Camaderry, Glendalough.

**Leader:** Kevin O Kelly

**Sunday 25th June Introductory Hard Hike: Cooley Mountains.**

**Longer Hike:** Ravensdale to Carlingford (14 Miles, 3000 ft)

**Shorter Hike:** Ravensdale to The Windy Gap (7 Miles 1200ft)

**Special Bus:** £6.00

**Departure:** 10.00am, Burgh Quay.

**Leader:** Sean Dunne

**Sunday 02nd July Old Bridge to Laragh**

**Route:** Old Bridge, Scarr, Glenmacnass, Tonlague, Brocaghs, Laragh.

**Leader:** Linda Woolhead

**NOTE TO LEADERS: THERE IS A FIRST AID KIT ON THE BUS. WALKIE TALKIES MUST BE USED ON ALL HIKES, PLEASE BRING THEM WITH YOU.**

**MEETING PLACE AT END OF HIKES:- THE PALACE BAR  
FLEET STREET.**

# DONEGAL / FERMANAGH

## WALKING WEEKEND



### SLIEVE LEAGUE / BLUE STACKS / CUILCAGH

#### PROGRAMME

Saturday  
August

5th

D  
O  
N  
E  
G  
A  
L

#### SLIEVE LEAGUE

**Long Walk: Slieve League Cliff Walk** (Map #10, 1:50,000 Ordnance Survey)

Teelin, Bunglass, Slieve League, Leahan, Trabanc, Malin Beg. (14 km : 700 m)

Leader: Donal Finn

**Short Walk: Slieve League Cliff Walk (IF NECESSARY)** (Map #10, 1:50,000 Ordnance Survey)

Teelin, Bunglas, Slieve League, Saint's Road, Carrig. (12 km : 600 m)

Leader: Tony Crean

Sunday  
August

6th

D  
O  
N  
E  
G  
A  
L

#### BLUE STACKS

**Long Walk: The Croaghgorm Ridge** (Map #11, 1:50,000 Ordnance Survey)

Eglish Bridge, 561, BlueStack, Binmore, Croaghbarnes, Lough Belshade, Lough Eske (16 km : 800 m)

Leader: Donal Finn

**Short Walk: Belshade Horseshoe** (Map #11, 1:50,000 Ordnance Survey)

Lough Eske, Corabber River, Binmore, 626, 642, 641, 627, Lough Belshade, Lough Eske (12 km : 700m)

Leader: Tony Crean

Monday  
August

7th

F  
E  
R  
M  
A  
N  
A  
G  
H

#### TILTINBANE & CUILCAGH / MARBLE ARCH CAVES

**Long Walk: Tiltinbane and Cuilcagh** (Map #26, 1:50,000 Northern Ireland Survey)

Marble Arch, Tiltinbane, Cuilcagh Gap, Cuilcagh, Ulster Way, Florence Court. (18 km : 550 m)

Leader: Donal Finn

**Short Walk: Marble Arch Caves, Florence Court House, Ulster Way**

Morning: Visit Marble Arch Caves (Entry cost ST£5.00 extra).

Afternoon: Ulster Way walk from caves to Florence Court Gardens (8 km)

Optional visit to Florence Court House (Entry cost ST£2.50 extra)

Leader: Tony Crean

#### NOTES

- Dates:** Friday, August 4th to Monday, August 7th  
**Departure:** Custom House Quay, Fri. Aug 4th at 6.00 pm. Return Dublin, Mon. 7th at app. 9.30pm  
**Hostel:** Ball Hill Hostel, (Donegal town, 3 km approx)  
**Leaders:** Tony Crean and Donal Finn  
**Cost:** £40.00 adults, £35.00 under 18's.  
**Booking:** By a non-refundable deposit of **£20.00** only to An Oige Head Office (Tel: 8304555).  
**Notes:**

1. Self-catering weekend.
2. Marble Arch Caves and Florence Court House are in Co. Fermanagh and entry costs are extra at ST£5.00 and ST£2.50 respectively. Remember to bring some sterling for these!
3. The leaders reserve the right to alter the programme.
4. There may be opportunities for some swimming!

### THANK YOU

A Special thank you has been extended from Martin Rooney to all our members who contributed to the recent Dublin/Wicklow mountain rescue quiz night. There were 108 participants and the net sum raised was £655 which is exceptional for this type of event.

Also, Jim Smith and Kevin Parker wish to thank all who purchased tickets and attended the recent social night in the National Stadium and helped them raise funds for Our Ladys Hospice Harolds Cross. The excellent sum of £1000 was raised.

### Map & Compass Weekend 1st and 2nd July

This advanced map + compass weekend is for people who have completed a basic map + compass course, and leaders wishing to gain more experience.

Area - Wicklow.

Organiser - Deirdre Ni Choileain. ph.8423656 (h)

The weekend will cover the following,

- |  |                        |
|--|------------------------|
| 1)Walk on Saturday                               | 2)Steep ground work    |
| 3)Pacing   | 4)River crossing       |
| 5)Bivi (sleeping outdoors overnight in bivi bag) |                        |
| 6)Night Navigation                               | 7)Emergency procedures |

### JULY PROGRAMME

JULY PROGRAMME: Articles or notices for inclusion in the *July Hillwalker* should be sent by Friday 16th June to :-

Ger Walsh  
14 Londonbridge Drive,  
Sandymount,  
Dublin 4.

Anything received after this date will not be included.

## **BACKCHAT - The Hill walkers social column.**

Any news or views, articles for sale, get well wishes, holiday ideas, give Dave Rooney a buzz, on 8344811(h) after 7p.m.

## ***AN OIGE SOCIAL NEWS***

**SWIMMING:** Every Tuesday evening, in the E.S.B. Sports Co.  
South Lotts Road, Ringsend, between 9p.m. and 10p.m.  
**PRICE:** £1.50

## ***BOWLING NIGHT***

**Venue:** Dundrum Bowling Alley  
**Date:** Saturday 17th June  
**Cost:** £2.60 per person,

To get to Dundrum Bowl, pass the shopping centre (on the right) take a right turn at the next junction, and then take the next left.  
**Buses from town:** 44, 44b, 48a from Hawkins St., 78 or 86 from Fleet St.

## **RE - CYCLE THE CITY**

A demonstration for improved cycling facilities for Dublin will take place outside the Mansion House, Dawson Street at 1 p.m. on Wednesday June 07th.

## **AN OIGE LITERARY PUB CRAWL**

**Venue :** *'The Duke'* pub on Duke Street.  
**Date :** Friday 09th June  
**Time :** 7:45 p.m. sharp!  
**Cost :** £6 book in An Oige Head Office ph.8304555  
credit cards accepted. Numbers limited to 30  
bookings close on Thursday 01st June.

(We will be unable to refund any money in the event of cancellations)

Come along for an evening of literature and history - not to mention a few beverages.

For further information contact Maggie Greaney at 6265777(w)  
(don't forget your drinking money.)

# GEORGIAN - HISTORY MYSTERY TOUR

*Walk around Dublin*

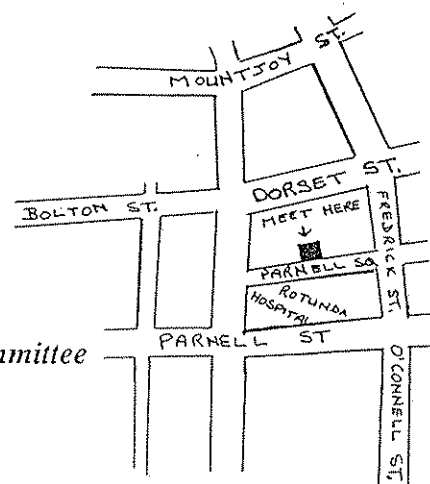
*on*

*Tuesday 6th June, 1995*

*at 7.45pm. SHARP*

*Meet outside Hugh Lane Municipal Gallery,  
Parnell Square, Dublin 1.*

*How many times have you promised yourself to take a walking tour of Dublin? Well now is your chance to do just that FREE of charge. This walk will be led by Arthur Byrne. Why not invite along some friends for a fun evening.*



*This event is organised by the An Oige Social Committee*

SNOWDONIA SUMMITS MARATHON - 1000M PEAKS RACE  
SATURDAY 3RD JUNE 1995

At 7.15 a.m., having had just three hours sleep, 9 hardy Hillwalkers left the Snowdon Ranger Hostel to take part in the Welsh 1000m Peaks Race. There are 4 Peaks over 1000m in Snowdonia - Carnedd Llewellyn 1064m, Carnedd Daffyd 1044m, Garnedd Ugain on Crib Y Ddysgl 1065m and Snowdon itself at 1085m.

On arrival at Aber, we made our first navigation error when we found ourselves in a pub yard instead of the start field. When we found the field, we were confronted by 200 or so hillwalkers with full packs on their backs sprinting faster than Linford Christie out of the field and up the road towards the Aber Falls. By the time we got our numbers and checkpoint discs it was 8.10 a.m. and all the rest of the walkers were well out of sight.

Our second and final navigation error was made when we took a wrong turn off the road and ended up plodding through a forest which seemed never ending. When we finally emerged from the forest we made our way through driving wind and rain to Llwytma and onto Foel Fras, Garnedd Uchaf and Foel Grach where we stopped at the Mountain Rescue Post to change into some dry clothes and to put on extra layers. It was now colder than a January day and the group was really miserable. We finally arrived at the first checkpoint on Carnedd Llewellyn at 1pm - well behind time according to the soldiers manning the checkpoint. I thought we had done well considering the awful weather conditions and the late start. We were however asked to hand in our numbers and to leave the race. Paul O'Shea had other ideas - he was keen to finish the race unofficially - so was I. The rest of the group decided to call it a day as they were wet and cold to the bone. They got a lift back to the hostel from Llyn Ogwen from the army. We left them below the summit of Carnedd Llewellyn and headed quickly towards Llyn Ogwen where we met the next checkpoint. Having told the people manning the checkpoint that we intended finishing the race - unofficially, we set off up along the Nant Yr Ogof river, which is east of Tryfan, to Bwlch Y Ddwy Glyder and down Bwlch Dwygldion to Pen Y Pass. To me this was the toughest part of the race as the terrain on the ascent was wet and and slippy and on the descent it was rocky heathery ground. We were also beginning to get tired but at least the weather had improved and the sun actually made a brief appearance.

A big feed of rashers, sausages, eggs and beans for Paul and hot buttered scones and a steaming mug of coffee for me in the coffee shop at the Pen Y pass really revived our flagging spirits and we were determined to finish the race. We set off up the Pyg Track at 6.15pm. It was busy with people finishing their days walk. When we were half way up the track the rain started again, heavier than before and visibility all but disappeared. At the top of the track we met the soldiers who had been manning the final checkpoint on the summit of Snowdon. They were keen for us to return to Pen Y Pass with them but when we explained that we were staying in the Snowdon Ranger Hostel and assured them that they would not be called out in the middle of the night to search for us, they were happy to let us continue. We managed to persuade them to give us the commemorative medal for completing the race albeit unofficially and also they gave us medals for the other 7 as well. We then continued to the summit of Snowdon which we had all to ourselves, which was unusual but really nice. We finally walked down the track to the hostel, tired but thrilled at having completed the race.

Ita O'Hanlon