

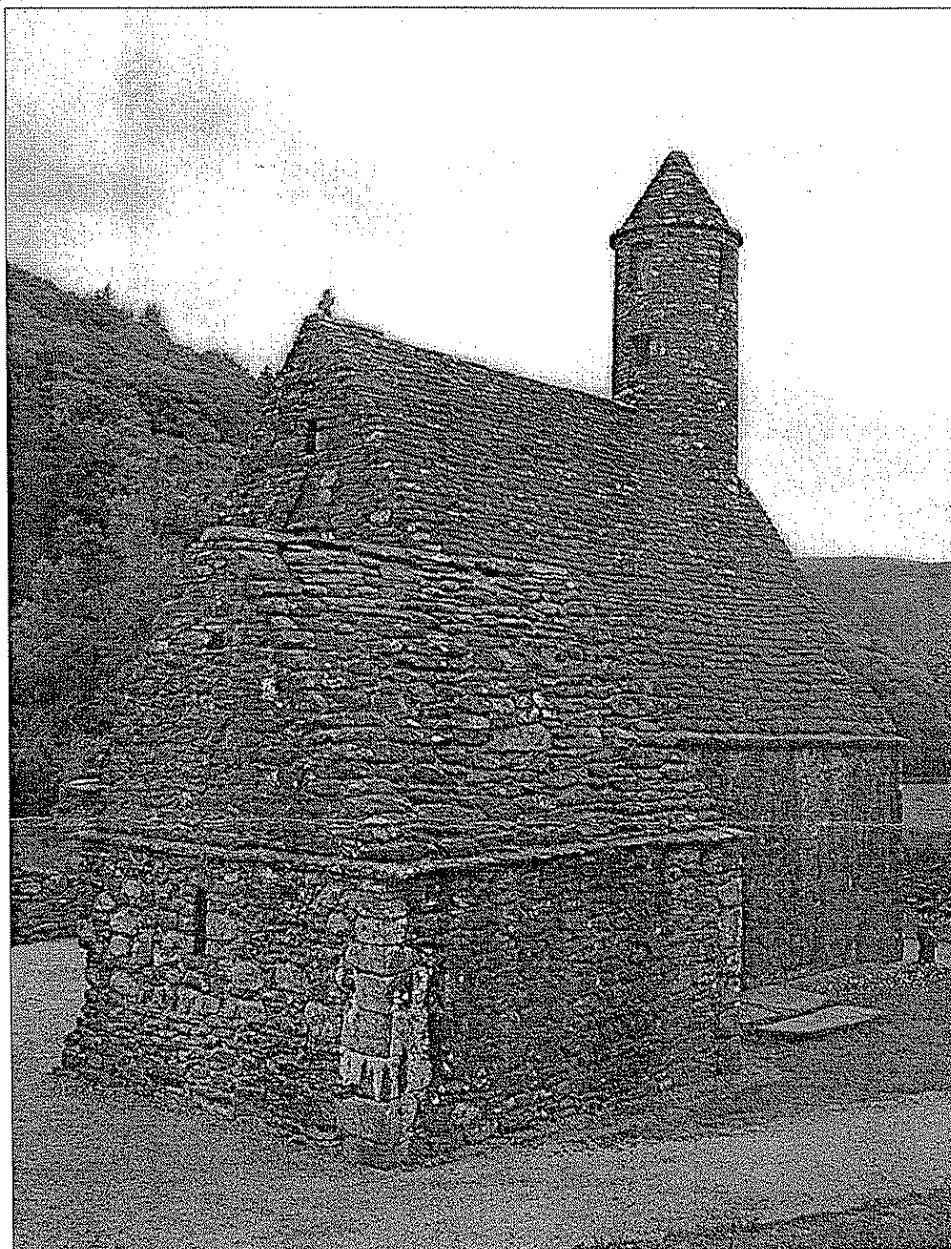
Hillwalker

July/August 1999



The magazine of the An Óige Hillwalkers Club

The Hillwalker



Glendalough, Co. Wicklow

Photo: Maggie Greaney

Inside this issue:

Sunday Hikes	2 & 3
Young Hillwalkers	4
CVI Notes	4
Map and Compass Course	5
August weekend to Galway	5
Editorial and committee notes	6

Sunday Hikes July

MEET: Outside Irish Press Offices, Burgh Quay
DEPART Sundays 10.00AM (or when the bus is full)
COST: Private bus. £5.00 (unless otherwise stated)



NOTE: The leader has the right to refuse anyone who is not adequately equipped (*i.e.* without adequate rainwear, spare clothes, food, torch and hiking boots). The leader has the right to extend, curtail or alter the route from that described in the program. The leader sets the pace of the hike and walkers are expected to obey his/her instructions at all times.



During winter months it is essential to bring a (head) torch on all Sunday hikes and weekends away. Don't forget to check your batteries and bulb.

Date	Route Description	Leader
4 July	Knockree Open Day and Bar-b-Que. Bohernabreena Waterworks – Castle Kelly – Lough Brays – Glen-cree Knockree YH.	Jim Barry
11 July	INTRODUCTORY HARD HIKE Stone Cross – Seeahan – Seefingan – Kippure – Oldboleys – Cruagh Mtn. – Tibradden – Fairy Castle – Three Rock Mtn. – Fern Hill Tunnel.	Tom Kenny
18 July	Barravore – Fraughan Rock glen – Benleagh – Cannow – Lugnaquil-lia – Clohernagh – Art's Cross – Barravore.	Joe Gilvarry
25 July	Glenmalure – Zig-Zags – Carrawaystick Brook – Kelly's Lough – Carrawaystick Mtn. – Fanninieran Ridge – Croghanmoira – Glen-malure.	Donal Finn
1 August	BANK HOLIDAY WEEKEND Hike in the Dublin Hills using Dublin Bus. Meet at the usual time.	Cyril McFeeney

Important Notice

Your club membership card **MUST** be carried and produced on all Sunday hikes. Numbered tickets will be given out on the quays by a committee member. People with a valid membership card and ticket will be given preference on the bus.

MOUNTAIN SAFETY NOTE

Mountaineering is an activity with a danger of personal injury or death. Participants should be aware of and accept these risks. People who take part in our club activities do so at their own risk and are responsible for their own actions and involvement.

The Committee requests that anyone who is on medication or with a medical condition inform the leader before the start of the hike.

LITTER

Litter is unsightly and dangerous to animals. Even bio-degradable items like orange peels and banana skins take years to disappear. Bring all your litter home and try to include at least one extra item from each day out. Do not bury litter – animals will dig it up.

WALKING STICKS

In the interest of safety and comfort please keep the pointed end of your walking stick covered, especially when travelling on the bus.

Sunday Hikes August

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Date	Route Description	Leader
1 August	BANK HOLIDAY WEEKEND Hike in the Dublin Hills using Dublin Bus. Meet at the usual time.	Cyril McFeeney
8 August	Informal hike. Meet at the usual time and use Dublin Bus.	No appointed leader
15 August	Informal hike. Meet at the usual time and use Dublin Bus.	No appointed leader
22 August	INTRODUCTORY HARD HIKE Glendalough – Derrybawn – Cullentragh – Mullacor – Lugduffs – Lough Firib – Glenealo River – Glendalough.	William Hilliard
29 August	Laragh – Paddock Hill – Scarr – Kanturk – Inchavore River – Knock- nadohoge – Luggala Mtn. – Military Road Car Park.	Frank Rooney
5 September	Ballynultagh Gap – Black Hill – Cleevaun Lough – Mullaghcleevaun – East Top – Barnacullian – Carrignagunneen – Ballinagee Bridge.	Monica Cadden

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The Young Hillwalkers Club

SATURDAY HIKE FOR JULY

Date: Saturday 10 July 1999.
Route: Stepside to Knockree.

SATURDAY HIKE FOR AUGUST

Date: Saturday 14 August 1999.
Route: Rockbrook to Marley Park.

Meet: Harp Bar, O'Connell Bridge, Dublin.
Time: 8.45 AM
Transport: Local bus (unless otherwise stated).
Bring: Packed lunch, wet weather gear and torch.
Wear: Boots, tracksuit bottoms (no jeans), hat and gloves.



WEEKENDS AWAY

Date: 23 to 25 July 1999
Destination: Killarney.

Date: 19 to 24 August 1999.
Destination: Snowdon Ranger YH, North Wales.

For further information contact Dave Rooney at 01-8344811 (evenings).

For further information about our monthly hike, weekends away or about the club in general, contact An Óige Head Office at 01-8304555.

Conservation Volunteers Ireland

Practical Conservation & You

10 Week Evening Training Course From Wednesday 22 September, 1999

Now in its fifth year, CVI's innovative evening training course takes place over 10 weeks on Wednesday evenings from 7p.m. to 9.30p.m. This intensive course focuses on all the major areas of modern and practical environmental conservation.

You will receive a full and fascinating insight into the world of conservation and learn how you can play an active role in helping to protect Ireland's natural environment. No experience is necessary so this course is ideal for beginners as well as all those with keen interest.

THIS COURSE IS IDEAL FOR EMPLOYEES OF ENVIRONMENTAL ORGANISATIONS!

Each night we will look at a specific area of practical conservation, using slides, overheads and hand-outs. Emphasis will be placed on reasons for, and methods of, conservation; habitat importance and threats; and step-by-step guidelines to practical conservation.

Our work days and field trips will illustrate the examples studied in class and so allow YOU to experience practical conservation for yourself whether it is your first time or you are a seasoned outdoor worker! All classes and practicals are given in a relaxed, informal manner with plenty of time for questions, comments and discussion. Refreshments are also provided.

Indeed, it is also *your* responsibility to meet like-minded people who share in your concern about the environment. Places are going FAST and are limited, so contact us as soon as you can and reserve YOUR place NOW! You can make a difference!

Course fee: £65.00 waged / £55.00 unwaged (membership additional).

Contact CVI at 01-454 7185 for more information and to book your place, NOW.

August Weekend to Galway

Date:	Friday 30 July to Monday 2 August 1999.
Cost:	£55.
Deposit:	£25. Non refundable and payable on booking.
Booking:	Booking will open on 1 June in An Óige Head Office 01-8304555. Credit cards accepted.
Hostel and Capacity:	Limited to 50 people max. and staying in Ben Lettry YH. Unfortunately the organisers will not be able to cater for people over this limit and no outside accommodation will be catered for.
Organisers:	Prionsias Mac an Bheatha and Donal Finn.

TRANSPORT DETAILS

The special bus will leave the Custom House Quay at 6.00p.m. SHARP on Friday 30 July.

MEALS

This weekend is self catering (i.e. bring your own food), but for those who do not want to cook, the bus will be available to bring people to Clifden where there are numerous restaurants to choose from.

HIKES

There will be a choice of moderate and hard hikes on Saturday and Sunday with one general hike for everyone on Monday.

Weekends and Holidays Away

The committee welcome members to suggest destinations for weekends and holidays away and offers to help organise these weekends and holidays will always be appreciated. Contact Martin Fagan at the telephone number on the back of the newsletter.

Map and Compass Course

Navigation Training

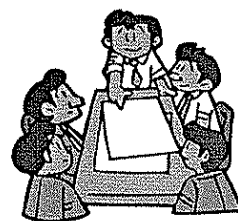
This basic navigation course will cover three evening classes, two practical weekends in the hills, one night hike and will finish with a third practical weekend. This course is suitable for people who would like to become more familiar with their surroundings and who want to become more independent in the hills. Bookings can be made through An Oige Head Office (01-830 4555), credit cards accepted.

COURSE DETAILS

Dates for evening classes:	5 October, 19 October, 2 November.
First weekend:	9 – 10 October in the Wicklow Mountains.
Second weekend:	6 – 7 November in the Wicklow Mountains.
Night Hike:	11 December, Laragh at 17:00.
Third weekend:	5 – 6 February in the Comeragh Mountains.
Cost:	£20 approx. (A more accurate cost will be published closer to starting date). This price does not include cost of transport and the overall cost of the third weekend in the Comeragh Mountains).
Deposit:	£10 (non-refundable).
Organiser:	Joe Kellegher.
Booking:	An Óige Head Office at the above number.

The Committee

Chairperson:	Martin Fagan (01-8553653 h)
Secretary:	Donal Finn (01-4530617 h)
Treasurer:	Prionsias MacAnBheatha (01-8379897 h)
Editor:	Maggie Greaney (01-2834253 h)
Sunday Hikes:	Jim Barry (01-4556455 h)
Weekends/Holidays:	Martin Fagan
Membership Secretary:	Gerry Walshe/Pauline Morley (01-8225818 h)
Training Officer:	Joe Kellegher (01-8381973 h)
Social Events:	Donal Finn / Martin Fagan
Young Hillwalkers:	John Guy (01-4524627 h) or Dave Rooney (01-8344811)
Distribution:	Cyril McFeeney & Pearse Foley



Membership

Annual membership fee of £15 includes the monthly club programme, insurance and a copy of the Irish Mountain Log which is published four times a year. Fees should be sent to the membership secretary at the following address:

Mr. Ger Walsh, 15 Summerfield Avenue, Blanchardstown, Dublin 15.

Next Committee meeting

Next Committee meeting will take place on Tuesday 7 September 1999.

Congratulations

Congratulations to all our club members who participated and completed the Lug Walk.

Lost and Found

Pair of brown framed reading glasses found on the bus. Contact Martin Fagan at the above address.

A Note from the Editor

During 1999 all articles published in *The Hillwalker* will be entered in a competition under the categories of holidays/weekends abroad and holidays/weekends at home. Prizes will be awarded at the 1999 Christmas Party so please put pen to paper and send your articles or items of interest to the address below for inclusion in the newsletter. If possible the articles should be typed or in electronic form and should be a maximum of 500 words. A stamped and addressed envelope should accompany any photographs or articles to ensure their return.

Articles for inclusion in the September newsletter should be sent before Friday 14 August to:
Maggie Greaney, 68 Newtownpark Avenue, Blackrock, Co. Dublin.
(e-mail: maggieg@tinet.ie)

