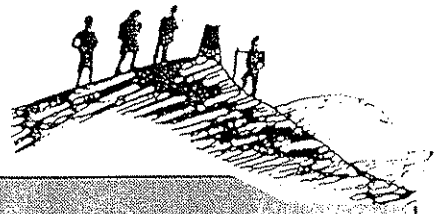


# The Hillwalker



## April Programme

MEET	Outside the Irish Press Offices. Burgh Quay.
TIME	Sundays, 10.00am.
BRING	Rainwear, flask, sandwiches, torch, reflective armbands and a change of clothes.
WEAR	Hiking boots. <b>RUNNERS NOT ALLOWED.</b>
TRANSPORT	Private bus – Price £5 (unless otherwise stated)
NOTE	The leader has the right to refuse anyone who is not adequately equipped. On the day of the hike, the leader may extend, curtail or alter the route in any way from that described in the programme. <b>The leader sets the pace of the hike and walkers are expected to obey his/her instructions at all times.</b>

Sunday 3rd April	<b>EASTER WEEKEND IN CONNEMARA</b> No Sunday hike due to weekend away.
Sunday 10th April	<b>GLEN OF IMALL WALK STAGE 1 (10 miles)</b> Route: Brusselstown, Keadeen, Ballineddin, Slieve Mann, Lugnaquilla, Camara Hill. Leader: Martin Fagan . <b>BRING A TORCH</b> Meet: Irish Press, Burgh Quay, 10.0am.
Sunday 17th April	<b>INTRODUCTORY HARD HIKE -</b> <b>SOUTH WICKLOW (12 miles)</b> Route: Laragh, Trooperstown Wood, Clara Kirake Mtn. Rag Man's Pass , Laragh. Leader: Tom McCarthy <b>BRING A TORCH</b> Meet: Irish Press, Burgh Quay, 10.0
Sunday 24th April	<b>CIRCUIT OF GLENMALURE (15 miles)</b> Route: Lugduff, Camaderry, Table Mtn. Lugnaquilla, Art's Lough, Glenmalure. Leader: Joe Gilvarry <b>BRING A TORCH</b> Meet: Irish Press, Burgh Quay 10.00am.
Sunday 1st May	<b>INTRODUCTORY HARD/SPECIAL HIKE</b> Route: <b>BLACKSTAIRS MOUNTAINS, CARLOW.</b> Leaders: Martin Fagan and Jim Barry. Meet: Irish Press, Burgh Quay 10.00am. <b>BRING A TORCH</b> <b>BUS: SPECIAL BUS - APPROX. COST £7.00</b>

**MEETING PLACE AT END OF HIKE: THE PALACE BAR, FLEET ST.**

### MOUNTAIN SAFETY NOTE

As hill walking can sometimes be a hazardous activity, it is requested that any walkers on medication or with a medical condition, inform the leader of their condition before the hike.

## WEEKENDS AWAY

### MAY BANK HOLIDAY WEEKEND TRIP TO SNOWDONIA

FRIDAY 29TH APRIL - MONDAY 2ND MAY 1994

PROGRAMME OF WALKS:                      Saturday - Snowdon Horseshoe  
   Sunday: Carneddau  
   Monday: Trefyan - Brustly Ridge - Glyders

Approximate cost is £110. Deposit of £50 secures place.

Price includes: All meals, accomodation, fares and transport to and from all walks.

Everything provided except pocket money!

Travel by Sea Lynx - 19.30 Friday. Arrive back Dun Laoghaire 23.50 Monday.

As this is a joint outing with the moderate hikers, early booking is advisable - last year several members were too late booking and so missed a place.

Booking is now open. Bookings can be made in the An Oige Head Office by cash or cheque or by phone using Visa or Access.

## ORIENTEEING NOTES

4th April - The Bröckaghs, Laragh, Co. Wicklow.  
Fin (C4 - Open event - colour coded) GR T 12 97

24th April - The Phoenix Park, Dublin  
3 Roc Club (LE - Local or grade event) GR 09 34

## SOCIAL NEWS:

**SWIMMING:** Every Tuesday evening in the **ESB Sports-Co., South Lots Road, Ringsend**  
Between 9.00pm. and 10.00pm.      Price: £1.50

**THEATRE OUTINGS:**    Single White Male - The Crypt, Dublin Castle - Night out Thursday  
21st April

Cost: £4 - pay by the 11th April. Meet at the theatre.

**BOWLING NIGHT:**    UCI Coolock - 23rd April 1994

Meet: UCI at 9.00pm.

20 seats booked for each play as above. Payment in full through An Oige office by dates specified above. If demand requires it then additional seating can be booked if known in advance.

**BRIDGE CLASSES;** Volunteers required to teach Bridge. Teachers and "pupils" should ring Britt O'Sullivan at 2831218 (h) for further details.

## LEADERS URGENTLY WANTED

CONTACT MARTIN FAGAN AT 8743082 (H) AFTER 7PM.

## LEADER TRAINING

### INTRODUCTION

During 1994, the Hillwalkers will run a programme aimed at training new leaders for Sunday hikes and weekend hikes. The motivation for this is based on the need for more member to become involved in leading hikes. The programme will be most suitable for those who have already completed a preliminary map and compass course during 1993 and now feel they would like the opportunity to lead hikes.

### FORMAT

Monthly Saturday training hikes with experienced leaders.  
Organised reconnaissance hikes with existing leaders.  
Co-leading of Sunday hikes with existing leaders.

The Saturday training sessions will be based on small groups of about six people and will be organised by one of the leaders listed below. The hikes will give members the opportunity to increase their navigational and observational skills and eventually become involved in organising Sunday hikes.

People interested in participating in this programme should contact directly the leader cited in the programme for that month to make arrangements.

### LEADER TRAINING ORGANISERS

Donal Finn Ita O'Hanlon  
Martin Fagan Deirdre Ni Choileain

### APRIL TRAINING / RECONNAISSANCE HIKE

Leader: Ita O'Hanlon. Tel: 8310571 or Donal Finn 4530617  
Date: Saturday April 16th  
Region: Laragh, Brockaghs, Tonelagee.  
Arrangements: Contact leader directly.

### MAP AND COMPASS TRAINING

A programme will be run in 1995.

## FIRST-AID COURSE WITH ST. JOHN'S AMBULANCE

St. John's Ambulance are organising a basic first-aid course in the Tallaght area. Anyone who was unable to take part in the course organised by The Hillwalkers and who lives in the Tallaght area should avail of this opportunity.

*St. Mark's School Tallaght.*

*Duration: 8 weeks including exam.*

*Commencing: Monday 11 April, 1994*

*Time: 8.00pm. - 10.00om.*

Cost: £30 (first-aid manual extra) Medical lectures will be given by doctors. For further information, contact Mark Murphy at 2825926 (evenings)

## KEEP IRELAND OPEN

"*Keep Ireland Open*" is an organisation that has recently been set up to prevent the enclosure of commonage areas throughout Ireland.

In 1988 the government decided to support the fencing of commonage areas if a majority of farmers wished to pursue such a policy.

An Bord Pleanála has recently decided that no planning permission is necessary for fencing of hillsides but that road building would be another matter.

Jack Rumley from Newport in County Mayo has fought a battle against the enclosure of the Glenamaddy Commonage. He has the support of the people in the area involved in tourism as they see this closure as preventing tourists from walking on the surrounding hills.

He also has the support of the "United Farmers Association", which is a union of small farmers. They see these enclosures as an attempt at land grabbing.

£45,000 has been spent so far to prevent the Glenamaddy enclosure and funds are required urgently.

309 commonages have been enclosed in the country so far.

The "*Keep Ireland Open*" organisation has been formed to bring the anti-enclosure campaign nationwide.

Their aims are:

- (1) To preserve, protect and defend the unhindered access to mountains, and wilderness areas, beaches, rivers and lakes.
- (2) To be an effective umbrella organisation to represent and assist other groups in their campaigns in the above related issues, including amongst other things, the preservation of the natural heritage.

If you feel you would like to support this organisation financially or otherwise the address is as follows: "*Keep Ireland Open*", 43 Butterfield Drive, Dublin 4.

*Proinsias MasAn Bheatha*

## THE BURRISHOOLE WALKING FESTIVAL, COUNTY MAYO

JUNE BANK HOLIDAY WEEKEND - 3RD JUNE TO 6TH JUNE 1994

Cost: £50 including 3 overnights in Traenlaur Lodge Hostel, 2 Evening meals and transport.

Deposit: £25 (non refundable)

Limit of 40 places

Organisers: Ann Carpenter and Proinsias MacAn Bheatha

The Burrishoole Walking Festival takes place every year in Co. Mayo. The aim of the festival is to walk the rights of way in the area. The *An Oige Hillwalkers* will this year be taking part in the walks and in the ceoil and craic in the evening. The club will arrange alternative walks in the area on Sunday and Monday of the weekend, for those members who wish to do separate walks to those arranged by the walking festival. Full details will be published in next months programme.



DUBLIN/WICKLOW

## **MOUNTAIN RESCUE TEAM**

A Member of Irish Mountain Rescue Association (I.M.R.A.)

### **TABLE QUIZ**

**IN AID OF DUBLIN - WICKLOW MOUNTAIN RESCUE,**

**TUESDAY, MAY 17,**

**HOLLYBROOK HOTEL, HOWTH ROAD**

**8.30PM. SHARP.**

**TEAMS OF 4, AT £12 PER TABLE**

**PRIZES GALORE!**

**ALL ARE WELCOME!**

**TEL: MARTIN ROONEY, 8425395**

### **CAMPING WEEKEND**

**IN THE LOUGH NAFOOEY AREA, CLONBUR, CO. GALWAY**

**21 -22ND MAY, 1994.**

*(This camp is suitable for experienced campers/backpackers only)*

*For further information contact: Maggie Greaney 497 5063 (H - after 7.00pm.)*

One of our members - Hannah O'Donovan, has been assigned by The Heart Foundation, to the south of the city (Dublin) to co-ordinate volunteers working on the *Happy Heart Campaign Week-end* coming up on the 26th, 27th and 28th May.

This year it is hoped to involve more young people in the selling of Heart Pins (£1 each).

Heart is the number one killer in Ireland and in so many cases preventable. Awareness is the key to any improvement.

Hannah is hoping to allocate the St. Stephens Green Shopping Centre to the Hillwalkers Club for Saturday 28th May and she is appealing to our members for volunteers to sell *Heart Pins* on that day. If you feel you can donate a few hours or even a full day to this worthy cause, please contact Hannah at her Office 6609755 or Home 3837270 for further information. If you can't afford the time to sell Hearts, please go along anyway and support your fellow hikers and buy a *Happy Heart* pin.

As most of us know exercise is so beneficial. This lifestyle will stand to us for years to come as we enjoy our free time hiking/climbing in the countryside and therefore we can understand the importance of this cause.

**A HAPPY HEART IS THE KEY TO A HEALTHY AND LONG LIFE.**



*LONG WALKS PROGRAMME FOR 1994*

Comeragh Bog Trot (NS) (Peaks CC)	23rd April 1994	Thomas Kearney, c/o Eldon's Pub Dillon St. Clonmel Co. Tipperary
Maum Turks (UCG MC)	30th April 1994	Deirdre Cadden c/o UCG Mountaineering Club U.C.G. Co. Galway
Blackstairs (Wayfarers Assoc.)	14th May 1994	The Wayfarers c/o Court View Castle Avenue, Clontarf, Dublin 3.
Nephins (Skearday MC)	18th June 1994	Joe/Pauline McDermott 098-41500
Ring of Imaal	25th June 1994	An Oige
Mourn Seven Sevens (Spartan Red Sox Walking Club)	6th August 1994	Jim Browne 080232-381073

Anyone interested in taking part in the above walks should ring Dave Rooney - long walks co-ordinator at 8344811 (H) after 7.00pm.

*ANNUAL GENERAL MEETING*

The 63rd Annual General Meeting of

*AN OIGE*  
will take place

on THURSDAY 14TH APRIL, 1994  
AT 8.00pm.

in DUBLIN INTERNATIONAL YOUTH HOSTEL,  
61, Mountjoy Street, Dublin 7.

Notices of motions to be received by the undersigned not later than Friday 25th March, 1994

Signed: *Marie McDonald*  
HONORARY NATIONAL SECRETARY