



An Óige Hillwalkers Club

February 2011

<http://www.hillwalkersclub.com/>

# THE HILLWALKER



*The Holly Hike 2010  
Photo: Kevin McGinley*

## In this edition

|   |    |
|---|----|
| Hike programme: February 2011                                 | 2  |
| A message from the Chairman                                   | 4  |
| Further afield  | 5  |
| <i>Easter weekend 2011, Summer trips 2011</i>                 | 7  |
| Irish Challenge Walk Information 2011, Mountaineering Ireland | 8  |
| Digital photography for the beginner, Committee 2010/11       | 9  |
| <i>Easter weekend (the Lakes District)</i>                    | 10 |
| <i>Summer trip (Gran Paradiso National Park)</i>              | 11 |
| Membership Form 2010-11                                       | 12 |

# HIKE PROGRAMME

## February 2011

---

**MEET:** Burgh Quay  
**DEPART:** Sundays at 10.00 am  
**TRANSPORT:** Private Bus  
**COST:** €12.00 (unless stated otherwise)

---

**2nd pick-up point:** *On the outward journey, the bus will stop briefly to collect walkers at the pick-up point. Should the bus be full on departure from Burgh Quay, this facility cannot be offered.*

**2nd drop-off point:** *On the return journey, where indicated, the bus will stop near the outward pick-up point to drop off any hikers. We regret this is not possible on all hikes.*

---

### Sunday 6 February 2011 ---Glencullen to Glencree

**2nd pick-up point:** Beside the pond in Sean Walsh Park on the Tallaght By-pass:  
**Leader:** Frank Rooney

**Route:** Military Road \* Kilakee Mountain \* Cruagh Mountain \* Tibbradden Mountain \* Fairy Castle \* Glencullen Rd \* Knocknagun \* Prince William Seat \* Knockree \* Knockree Hostel

**Distance:** 17 km **Ascent:** 700 m  
**Maps:** OS 56 and OS 50, Harvey

---

### Sunday 13 February 2011 ---Step out to Glencree

**2nd pick-up point & return drop off points:** Beside the pond in Sean Walsh Park on the Tallaght By-pass.  
**Leader:** Jim Barry

**Route:** Stone Cross\* Slievebawnoge \* Ballymorefinn \* Corrig \* Seehan \* Seefingan \* Kippure \* Lough Bray \* Glencree

**Distance:** 16 km **Ascent:** 700 m  
**Maps:** OS 50, OS 56, Harvey

---

### Sunday 20 February 2011 ---Ballynultagh to Sally Gap

**2nd pick-up point & return drop off points:** Beside the pond in Sean Walsh Park on the Tallaght By-pass.

**Leader:** Steve Buckney

**Route:** Ballynultagh Gap \* Black Hill \* Mullaghcleevaun \* East Top \* Duff Hill \* Gravale \* Carrigvore \* Sally Gap.

**Distance:** 17 km **Ascent:** 800 m  
**Maps:** OS 56, Harvey

---

### Sunday 27 February 2011 ---A Ramble with Warren through the 3 Wicklow Glens and enjoy this birthday hike!

**2nd pick-up point:** Bus stop before the roundabout at Loughlinstown

**Leader:** Warren Lawless

**Route:** Upper Glendalough Car Park \* to end of wood en route to Miner's track then steep climb up to Camaderry 677 \* descent to Glendasan and climbing to Brockaghs 557 \* Tonlegee \* Glenmacnass River  
*[Estimate 5 hours + rest/rallies/lunch]*

**Distance:** 12.25 km **Ascent:** 1180 m  
**Maps:** OS 56, Harvey

---

### Sunday 6 March 2011 ---Take on the Mighty climb of Lugnaquilla

*(Introductory Hard Hike)*

**2nd pick-up point & return drop:** Bus stop before the roundabout at Loughlinstown

**Leader:** Brian Flynn

**Route:** Barravore\* Connavalla Table \* Track, Cammenabologue \* Cannow, Lugnaquilla \* Clohernagh \* Zig Zags and pick up.

**Distance:** 17 km **Ascent:** 900 m  
**Maps:** OS 56 and OS 62, Harvey

---

## GENERAL HIKE NOTES

**PARTICIPATION** Mountaineering is an activity with a danger of personal injury or death. Participants should be aware of and accept these risks. People who take part in our club activities do so at their own risk and are responsible for their own actions and involvement.

**CO-ORDINATION** If necessary, tickets are given out on Sundays to ensure that participants reserve a bus place as they arrive.

**LEADER** The leader has the right to refuse anyone who is not adequately equipped (e.g., without appropriate boots, rainwear, food, torch, hat, gloves, etc). The leader may alter the route from that described in the program. The leader sets the pace of the hike and walkers are expected to obey the leader's instructions at all times.

**EQUIPMENT** It is essential to bring good rain gear (both jacket and over-trousers) and to leave cotton t-shirts and jeans at home! Boots must be sturdy with proper ankle support and a rigid non-slip sole such as Vibram.

**WALKING STICKS AND RUCKSACKS**

Remember that walking sticks and rucksacks cannot be brought onto the bus and must be stowed away in the boot during the journey.

**★ Introductory Hike ★**

This hike is tailored for non-members who are considering joining the *An Óige Hillwalkers Club*. It offers the opportunity to sample a typical Hillwalkers hike, as well as meeting club members.

Interested individuals should equip themselves appropriately for a day in the hills: adequate hiking boots, waterproof coat and leggings, hat, gloves, lunch and hot / cold drinks. *In order to enjoy the hike, you need a good level of fitness.*

Membership forms will be available, should you wish to join the club on completion of the introductory hike. Enquiries: 086-356 3843.

Please be advised that you should not undertake any club hiking activities: (i) if you have any known medical ailment which may impair your ability to participate in club activities or (ii) if you are taking any form of medication that will put your health or safety of others at risk. Should you be in any doubt on these matters, a doctor should be consulted prior to undertaking any club hiking activity.

---

Club members interested in leading a hike, contact Frank Rooney:  
[rooneyf@eircom.ie](mailto:rooneyf@eircom.ie)

Thanks to our webmaster Matt Geraghty, a mobile phone friendly version of the hikes page is now available to download from <http://m.hillwalkersclub.com/>

---

**facebook**

Please note that you can also follow An Óige Hillwalkers Club on facebook <http://www.facebook.com/pages/An-Oige-Hillwalkers-club/153861187966138>

---

**We would like to hear from you!**

Whether you ...  
*wish to contribute an article ...*  
*have read an interesting book you'd like to recommend to club members ...*  
*would share your favourite hikes ...*  
*want to comment on any club matters ...*

Why not get in touch?

Email to Simon More at [simon.more@ucd.ie](mailto:simon.more@ucd.ie)

## A MESSAGE FROM THE CHAIRMAN

---

Presently the committee does not have a full quorum. There is a need to fill three positions, that of Sunday Hike co-ordinator, Weekend co-ordinator and Social officer. Even though there was a committed effort by previous committee to have these positions filled - it failed. It is not possible that these positions can be doubled upon or can be given to the existing committee members. Although I am at the moment filling in as the Sunday Hike Co-ordinator, in the long term this is not tenable.

The committee has now to look at running the club with the available resources. In other words what can we do with the available resources and what activities can be let go in order to maintain the core activities? The most important issue is to identify what are the core activities of the club. The most important of these activities is the Sunday Hike. Our efforts will have to be focused on maintaining this activity. This will also depend on members that lead hikes coming forward and giving generously of their time. In the main this works well, some members are very willing while other are resistant.

Other activities like the Christmas party and the 'Holly Hike' are social activities the committee would like to maintain going forward. The weekend away trips are now very much dependent on the involvement of members coming forward to organise and plan these trips. Over the last number of years the same people have been doing this work. Coupled now with the shortage of people on the committee to administer and organise the club it may not be possible that these same people will have the energy and time to commit themselves to doing this work.

Training is one activity that the committee will have to have a hard look at and possibly drop, as one of our activities.

As a way of reducing the work that committee members have to do, it is now our intention to reduce the numbers of committee meetings every year. In the medium term I would like the committee to meet every two months rather than monthly as it is at the moment. The intention is to do more of our business using emails.

The publication of the newsletter at present is generally every month. The intention now is to publish the newsletter every two months. This will mean that the Sunday hike programme will have to be organised at least two months in advance.

From now on the drive behind the posting of the newsletter will be to reduce the administrative work. All efforts now will be to use email addresses. At present members have an option to have the newsletter by post, email or by post and email. The post and email option is not anymore. Far as possible the posting of the newsletter will be reduced to a minimum and replaced by email. Next year the committee will consider an administrative fee on top of membership fee for those that wish to have their newsletter by post.

The committee noted the disappointing turn out at the AGM. The AGM is always a good opportunity to meet and discuss the state of the club. On top of that this year there was a new constitution that was proposed to the members. A sub committee was assembled in putting together this valuable document. A considerable amount of time was put into delivering this document. It was a pity that more discussion didn't take place.

Ultimately the club belongs to its members, the more you put in the more you will get out!

*Frank Rooney*

## FURTHER AFIELD

# Walking in the Atlas Mountains

I went to Morocco at Christmas with The Adventure Company (an English trekking and adventure company). Despite all the snow and cancelled flights, I got to Heathrow on time. But Royal Air Maroc had a surprise in store for me: they had overbooked the flight! So, I returned 24 hours later to fly out to Marrakech via Casablanca. Royal Air Maroc had another surprise for me this time: they would not let us fly from Casablanca to Marrakech because we didn't have boarding cards! We eventually arrived at 6 am in Marrakech by coach, and after a 90 minute kip, breakfast and a quick shower it was off to the Atlas Mountains!

We arrived at midday, and we took off on a long, hard, 5 hour uphill hike to the infamous Nelter Hut (3,200m). It was quite warm (20 degrees) when we started, but as we hit the snow at 3,000m we also hit the cold evening wintry weather of the mountains. Personally speaking, I was exhausted after the hike, so I collapsed on my bunk for 2 hours or so. Going from 700m to 3,200m in 7 hours also took its toll.



*Nelter Hut*

The following day, we were up at 6:30 am, and we set off for the second highest mountain in the range at 7:30. We all put on our crampons and had our ice-axes in hand (or poles in my case) as we set off on a nice sunny morning. 3 hours later we reached the col. We were immediately struck by gale force winds, and the temperature seemed to drop by about 20 degrees! I immediately told our leader that I was going no further, and he told me I could go back with his assistant leader. 4 of our group turned back, while the other 4 foolishly decided to soldier on ... 20 minutes later they turned back too, exhausted by the winds, and complaining about the cold!



*Onwards and upwards*

The following day was D-day, the day we were to climb Mount Toubkal, at 4,165m the highest mountain in the Atlas Mountains, and indeed in all North Africa. Breakfast was at 6 am, and we set off on Xmas Day at 7 am for the summit. It took us 90 minutes to reach the top of the first col, then about another 90 minutes to get very near the top of the second. We didn't bother going to the top, but instead approached the peak from the wind-sheltered side.



*View from the summit*

Personally, I found the going very tough, but what kept me going was knowing that I had climbed the mountain before, although that had been in the summer of 2008! Using our ice-axes at times to make sure we didn't slip and fall, we eventually reached the summit just under 4 hours after leaving Nelter Hut. At the top, we had an incredible view of all the Atlas Mountains for about 10 minutes. Then the vision was gone, and it was time to take the souvenir photos and get down ASAP. We all celebrated our triumph with a big Xmas dinner when we got back to base, although there was no alcohol to be found for love or money.



*On the way down*

The next day we hiked down to the village of Around, before hitting the bright lights of Marrakech the following day.

All in all, it was a great adventure despite arriving 32 hours late, and hiking without much sleep the first day. There was also the typical problem of hygiene at Nelter Hut, and the consequent problems attached. Some of us, including yours truly, were hit by the big D, but we all managed to get to the top.

Maybe the Hillwalkers Club would like to organise a winter trek there some time in the not-too-distant future???

*Text and Photos:  
Michael Shiels*

### **Membership 2010-11**

This is just a gentle reminder that your membership fee for 2010-2011 is now due. The club has managed to keep the membership fee at € 35.00 for the last few years although the actual cost to the club increased during this time.

Included in the membership fee:

- *Mountaineering Ireland membership*
- *Mountaineering Ireland insurance cover*
- *Subscription to Mountain Log magazine*
- *10 newsletters per year by post or email*
- *Postage of magazine and newsletter*

Please note that your membership fee does not fund the work of the committee members, hike leaders and weekend organisers who have always and continue to give their time on a voluntary basis.

Our current photo archives go back as far as November 2008, so why not refresh your memories by visiting [www.hillwalkersclub.com](http://www.hillwalkersclub.com)

For those wishing to purchase walking books/maps from overseas, *The Book Repository* will deliver to Ireland free of charge:  
[www.bookdepository.co.uk](http://www.bookdepository.co.uk)

## **Easter weekend 2011**

---

The Hillwalkers are organising two 'away' trips this Easter:

- **to the Lakes District** (with **Jim Barry and Tom Kenny** [21-25 April 2011]), and
- **to Mallorca** (with **Frank Rooney** [21-27 April 2011]).

**Further details of the Lakes District trip** are available on page 10 of this newsletter.

**Further details about the Mallorca trip** are available [here](#).

### **Walking in Mallorca**

If you ever wanted to hike in Mallorca here is your chance. I am organising a hiking trip to Mallorca, from Thursday 21st of April to Wednesday 27th of April 2011, over the Easter Weekend.

Approximate cost depending on booking is €430 including flights and half board accommodation in a hotel for 6 nights.

Centred in Port Soller in the heart of the rugged Tramuntana mountain range

*Some lovely tracking!* **Only a few places left.**

Further information from Frank Rooney, [rooneyf@eircom.net](mailto:rooneyf@eircom.net).

---

## **Summer trips 2011**

---

The Hillwalkers are organising two 'away' trips over summer:

- **to Gran Paradiso National Park in Italy** (with **Mark Campion** [1-10 July 2011], further details on page 11 of this newsletter)
- **to Fussen in Germany** (with **Frank Rooney** [11-18 July 2011], details below).

### **Fussen in Germany**

*From Monday 11th of July to Monday 18th 2011*

Frank Rooney is organising a Summer trip to Fussen, on border of Germany and Austria.

The town's charming location on the edge of the Alps is impressive: framed in by imposing high mountain peaks and an idyllic lake district, at an altitude of 800 meters above sea level, thus making it Bavaria's town at the highest elevation.

**Accommodation:** 7 nights in Hostel International in Fussen will be in 2 x 6-bed rooms and 1 double room including Breakfast.

**Cost.** At the moment, flights are €160. The accommodation is approximately €170  
**Numbers are limited.** If you prefer a hotel - that option is open but you will have to arrange that yourself.

If you wish to book a place on the trip sent Frank an email and he will give you further information on what flights to book. Frank Rooney, [rooneyfa@eircom.ie](mailto:rooneyfa@eircom.ie)

## Irish Challenge Walk Information 2011

---

The Walkers Association of Ireland maintains a list of mountain marathons and challenge walks in Ireland, available at: [www.walkersassociation.ie/challenge/walk/calendar](http://www.walkersassociation.ie/challenge/walk/calendar). The following are several walks scheduled from mid-April this year:

---

### Slievenamuck Marathon and Half Marathon

**Sunday 17 April 2011**

The location for the Marathon is the Slievenamuck Ridge, the long low hill which forms the northern edge of the scenic Glen of Aherlow. From many points along the way there are excellent views across the valley to the Galtee Mountains. Participants can choose either a full (40km) or half (20km) marathon. [www.walkersassociation.ie/node/612](http://www.walkersassociation.ie/node/612)

---

### Maamturks Challenge

**Saturday 30 April 2011**

*Distance 24km, total ascent 2,336m*

The Maumturks Challenge Walk is one of the strongest tests of endurance in the years calendar. It is for very experienced walkers only. The route is known for rapidly changing weather and poor visibility so good navigation skills and appropriate equipment are absolutely essential. [www.walkersassociation.ie/node/41](http://www.walkersassociation.ie/node/41)

---

### Blackstairs Walk

**Saturday 21 May 2011**

*Distance 27.6km, total ascent 1,425m*

This is a mountain walk along the Carlow Wexford Border following the Blackstairs ridge (*Ordnance Survey Discovery Series Map No. 68*). The walk begins at Killanure (*Grid Ref S 890 537*) off the R746 from Bunclody to Kiltalea. The walk ends at Byrne's Pub in Glynn (*Grid Ref S 745 395*). A certificate is awarded to all who participate in and/or complete the walk. [www.walkersassociation.ie/node/577](http://www.walkersassociation.ie/node/577)  
[www.wayfarersassociation.com/blackstairs.htm](http://www.wayfarersassociation.com/blackstairs.htm)

---

### The Sperrin's Challenge Walk

**Saturday 28 May 2011**

*Distance 33km, total ascent 1685m*

The inaugural Challenge Walk hopes to encompass thirteen of the Sperrin's highest summits! Whilst the finalisation of access issues is being ironed out, a preliminary guide is available at: [www.walkersassociation.ie/node/20109](http://www.walkersassociation.ie/node/20109)  
[www.midulsterwalkingclub.org.uk](http://www.midulsterwalkingclub.org.uk)

---

## Mountaineering Ireland

---

Mountaineering Ireland is the representative body for hill walkers and climbers in Ireland. It is recognised as the NGB (National Governing Body) for mountaineering by both the Irish Sports Council (ISC) and Sport Northern Ireland (SNI). Mountaineering includes hill walking, rock climbing, rambling, bouldering and alpinism.

Mountaineering Ireland currently have some 9,650 members, comprising over 130 clubs (including the An Óige Hillwalkers) and over 1,400 individual members. A wealth of information is available at [www.mountaineering.ie](http://www.mountaineering.ie), which may be of interest to members.

## Digital photography for the beginner

---

Since digital has arrived you no longer have to know all the technical settings on a camera to take great photos. All you have to do is lift and press. Automatic works 99% of the time better than if you had manually set the camera.

*This simple course will answer all the questions you need to know about digital:*

- Understanding the menu settings of your camera.
- Composition and the use of light.
- Downloading images on to computer.
- Printing and sharing images.
- Simple adjusting of images in photo shop.

*All you need is a Digital Camera and Instructions.*

This course is over 8 Tuesday Nights with an optional Weekend in Glendalough. The dates for the two hour evening sessions are as follows:

8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> 29<sup>th</sup> March and 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> 26<sup>th</sup> April 2011.

**Venue:** Dublin International Youth Hostel, 61 Mountjoy Street, Dublin 7 @ 19.15 for 19.30 start.

**Course cost:** €150.00, includes 8 evening Sessions.

*Weekend in Glendalough International Hostel from 15th – 17th April is optional at an additional cost of €50 for 2 nights Accommodation including Continental Breakfast. This Weekend is designed to help you develop your camera skills and to put into action what you have learned with practical demonstration, field trips and projects. The Weekend is also suitable for those who attended a previous beginners course or have a basic knowledge of camera settings.*

**Bookings:** Now taken through the An Óige Head Office. Tel: (01) 8826700. By Credit Card, Laser, Cheque, postal order or cash. *Numbers limited.*

**Course given by:** Peter Gallagher, L.I.P.P.A – For further information contact Marie McDonnell – Tel: (01) 8377411 (H) or (01) 8826702 An Óige (afternoons)

*Marie McDonnell*

---

### Committee 2010/11

|                                  |                               |
|----------------------------------|-------------------------------|
| <i>Chairman</i>                  | Frank Rooney                  |
| <i>Secretary/Project Support</i> | Betty Kehoe                   |
| <i>Treasurer</i>                 | Jim Barry                     |
| <i>Sunday Hikes Coordinator</i>  | <i>Vacant</i>                 |
| <i>Weekend Coordinator</i>       | <i>Vacant</i>                 |
| <i>Training Officer</i>          | Dónal Finn                    |
| <i>Membership Secretary</i>      | Don Reilly                    |
| <i>Club Promoter</i>             | Barbara Monahan               |
| <i>Newsletter Editor</i>         | Simon More                    |
| <b>Special thanks to:</b>        |                               |
| <i>Webmaster</i>                 | Matt Geraghty                 |
| <i>Distribution</i>              | Pearse Foley & Cyril McFeeney |

# An Óige Hillwalkers Club An Óige Hillwalkers Club

**Easter Weekend 2011**

**Thursday 21 - Monday 25 April 2011**

*Visit to the Beautiful Scenic Lake District  
County of Cumbria, Northwest England*

**Ambleside Youth Hostel, Waterhead, Cumbria, England**

**Moderate/Hard lead Walks/Low Level Walkers Facilitated**

**Two Grades of Walks Daily except Monday**

**Leaders: Jim Barry & Tom Kenny**

**Boat and Bus Trip Only**

#### **Proposed Weekend Itinerary:**

- ✓ **North Western Fells:** Cat Bells (G.R.244199) Dale head (G.R.223153)
- ✓ **Western Fells:** Great Gable (G.R.211103)/Red Pike (G.R.161154)
- ✓ **Southern Fells:** Scafell Pike (G.R.216072)
- ✓ **Low level walkers facilitated at each of the above locations**
- ✓ **UK Ordnance Survey Map: Landranger Series 89**

#### **Notes**

**Hostel accommodation:** Ambleside Youth Hostel, Waterhead, Ambleside, Cumbria

**Cost: EUR 355 (Approx.)** (Includes Bednights, Meals, Transport)

**Booking:** EUR 220 NON REFUNDABLE deposit to An Óige Head Office by credit card or cash deposit (01-8304555). Balance EUR 135 to be paid before Friday 25<sup>th</sup> March, as hostel has to be paid in full at this time.

**Meals:** Hostel Breakfast, Dinner and Packed Lunch included in the price

**Food:** as above - stopping at local shops for extras etc.

**Bring:** Sterling Currency, Suitable Walking Boots, Rain Wear/Change of Warm Clothing/Towels/Toilet Gear/ Flask/Torch/ First Aid Kit/Camera/Binoculars etc.

**Meeting Place/Time:** Burgh Quay (Ulster Bank beside Tara St. Station), Dublin 2

**Departure:** Holy Thursday from Dublin Port (Stena Line Terminal) to Holyhead - Morning sailing at 0820hrs. Coach pickup Georges Quay (Ulster Bank) at 0700hrs.

**Return:** Monday evening from Holy head on 13.50hrs Ferry after bus journey from Lake District to arrive back in Dublin Port at 17.00hrs approx

*Welcome Aboard*

# Gran Paradiso National Park

---

This July, the An Óige Hillwalkers are heading to the very beautiful and rugged Gran Paradiso in the north western alps of Italy.

Check out this site among others for an idea of what the area is like.

<http://www.parks.it/parco.nazionale.gran.paradiso/Eindex.php>

Check these photos out too



*We're off on July 1st and back on July 10<sup>th</sup>*

We'll be staying in mountain huts most of the time and also in hotels.

The cost of the trip is likely to be in the region of 530 but this doesn't include some meals and travel insurance and flights...it also doesn't include the optional extra[approx 140] of climbing Gran Paradiso itself...it's a 4,000 m + peak commanding awesome views.

You'd want to be a fit mod hiker or a regular hard hiker for this one...some long days but at a reasonable pace and with plenty of breaks.

Email Mark Campion at [markmjcampion@gmail.com](mailto:markmjcampion@gmail.com) if you'd like any more information...places are strictly limited.



*The uncontaminated Gran Paradiso*





# Membership Application Form

An Óige Hillwalkers 2010/2011

Name (*Applicants must be over 18*) .....

Address

Were you a member before?  Yes, last year  Yes, some time ago  No

**New members:** How did you hear about the club? .....

An Óige Membership Number (*Applicants must be a member of An Óige*) .....

Contact Telephone Numbers (*optional*)

Daytime ..... Evening ..... Mobile .....

Email Address (*required for newsletter by email*) .....

Please read and sign the following PERSONAL DECLARATION

## PERSONAL DECLARATION

I am over 18 years of age and wish to apply for membership of An Óige Hillwalkers Club. (\*)

(\*) *Please note that personal accident insurance is only available to members between 18 and 75 years of age.*

I accept that mountaineering is an activity with a danger of personal injury or even death.

I am aware of and shall accept these risks and wish to participate in these activities voluntarily and shall be responsible for my own actions and involvement.

I accept that An Óige Hillwalkers Club establishes the bounds on its activities through the constitution and rules of the club and I agree to abide by these.

Members should not undertake any club hiking activities: (i) if they have any known medical ailment which may impair their ability to participate in club activities or (ii) if they are taking any form of medication that will put their health or safety of others at risk. If a member is in any doubt on these matters, a doctor should be consulted prior to undertaking any club hiking activity.

*If you agree and accept the terms of the PERSONAL DECLARATION, please sign and date here.*

Signature ..... Date .....

## CLUB NEWSLETTER

The club issues a monthly newsletter and distributes it by email and post. It is also made available through the webpage of the Club (<http://www.hillwalkersclub.com>). Please tick one of the following boxes to indicate how you wish to receive the newsletter.

By email only (*preferred*)  By post only

The 2010/2011 membership year runs from Oct 1<sup>st</sup> 2010 to Sept 30<sup>th</sup> 2011.

### 2010/2011 Membership Fee €35.00

Please send this form with the membership application fee (cheque or postal order *only*, payable to *An Óige Hillwalkers Club*) to **Don Reilly, Dunany, Santry, Dublin 9**. Please allow two weeks for processing of the membership application.

**NB: PLEASE DO NOT SEND YOUR APPLICATION BY REGISTERED POST!**