

### February Programme

MEET Outside the Irish Press Offices, Burgh Quay.

TIME Sundays, 10.00am.

BRING Rainwear, flask, sandwiches, torch, reflective armbands and a

change of clothes.

WEAR Hiking boots. RUNNERS NOT ALLOWED.

TRANSPORT Private bus - Price £5 (unless otherwise stated)

NOTE

The leader has the right to refuse anyone who is not adequately equipped. On the day of the hike, the leader may extend, curtail or

alter the route in any way from that described in the programme.

The leader sets the pace of the hike and walkers are expected to

obey his/her instructions at all times.

### BRING A TORCH AND REFLECTIVE ARM BANDS

Sunday 5th Feb GLENMALURE TO GLENDALOUGH

Route: Glenmalure - Lugduff - Mullacor - Cullentragh -

Derrybawn - Glendalough.

Leader: Martin Fagan.

Sunday 12th Feb. HOLLYWOOD GLEN TO KNOCKNABOLEY

Route: Holywood Glen - Church Mtn. - Knocknaboley.

Leader: Kevin Parker.

Sunday 19h Feb. Route: INTRODUCTORY HARD HIKE

Kippure - Seefingan - Corrig - Seehan - Stone

Cross.

Leader: Prionnsias Mac AnBheatha.

Sunday 25thFeb. TONELAGEE TO THE OASIS

Route: Glenmacnass Wataerfall - Tonelagee - Stoney Top

Barnacuillan - Mullaclevaun West and East

Carrigshouk - The Oasis.

Leader: Donal Finn

Sunday 5th March INTRODUCTORY HARD HIKE

Route: Croaghanmoira - Ballincor - Fannierin -

Aughavanagh

Leader: Frankie Commerford

NOTE TO LEADERS: THERE IS A FIRST AID KIT ON THE BUS.

WALKIE TALKIES MUST BE USED ON ALL HIKES

PLEASE BRING THEM WITH YOU.

### MOUNTAIN SAFETY NOTE

As hill walking can sometimes be a hazardous activity, it is requested that any walkers on medication or with a medical condition, inform the leader of their condition before the hike.

MEETING PLACE AT END OF HIKE: THE PALACE BAR, FLEET ST.

### NIGHT HIKE

Route:

Ballineddan - Slieve Mann - Lugnaquillia - Camara Hill - Fentons (2am. approx)

Date: Friday night, February 24.

Departure:

Custom House at 8.00pm. on Friday and arrive in Ballinclea 10.0pm approx.

Bus to Ballinabarney Gap where hike begins.

Hostel:

Ballinclea Hostel.

Cost:

£12 incl. cost of bus and hostel overnight. Booking now open in head office.

Return:

Late breakfast and leave at 12 noon. Arrive Dublin 2.00pm. approx. on Saturday

25th February.

Leader:

Dave Rooney. Phone 8344 811 (home after 7.00pm.)

### HILLWALKERS SATURDAY CLUB

This club is for young people aged 13 to 16 years and hikes take place on one Satrday of every month Transport is by local bus / DART - depending on the area in Wicklow the hike is being organised in

### SATURDAY HIKE FOR FEBRUARY

DATE:

Saturday 12th February 1995

MEET:

Irish Press Office, Burgh Quay.

TIME:

08.45 - Arrive back in Dublin at 18.00 approx.

HIKE ROUTE:

Circuit of Glencullen

LEADER:

Colm McMahon

WEAR: HIKING BOOTS AND A TRACK SUIT - DO NOT WEAR JEANS.

### SPECIAL HALF TERM TRAINING WEEKEND TO GLENDALOUGH

DATE: Friday 17th February 1995

MEET:

Custom House Steps, Dublin for special bus to Glendalough

TIME:

6.00pm. on Friday and arriving back in Dublin before 6.00pm on Sunday 19th.

COST:

Under 18 years - £10

Over 18 years - £16

Cost includes bus fare and two overnights.

BRING: An Oige hostelling card, sleeping bag, two breakfasts, two lunches and food enough for

one dinner, clothes for hiking, boots, complete change of clothes, rainwear.

There will be two grades of hikes on this weekend - one for beginners and one for those with some map and compass experience.

The committee of the Hillwalkers Club has very generously subsidised the bus for those under 18 years.

You don't have to be a teenager to hike with the Saturday Club - why not make up a party? Remember, two adults and up to four children can travel all day on a family ticket for £6.

LEADERS URGENTLY WANTED CONTACT MARTIN FAGAN AT 8743082 (H) AFTER 7PM.

### ANNUAL MEMBERSHIP

MEMBERSHIP is now due for 1995. The cost of annual membership to the An Oige Hillwalkers Club is £7.00. Please note that we may have to limit our membership this year as there is great demand to join the club. So hurry and renew your membership! This will be the LAST programme for anyone who has not yet renewed their membership. Don't forget to renew your memberhsip to An Oige as well..

### BACK CHAT - the Hillwalkers social column

Any news or views, articles for sale - get well wishes - holiday ideas - give Dave Rooney a buzz on 834 4811 (h) after 7.00pm.

### **WEEKENDS AWAY**

### St. PATRICK'S WEEKEND IN THE GALTEE MOUNTAINS

COST:

£35.00. This includes overnights, transport to/from Dublin, transport to/from

hikes each day.

**HOSTEL:** 

Ballydavid Wood YH.

**BOOKING:** 

An Oige Head Office, Mountjoy Street, tel. 830 4555. Credit card bookings

accepted.

**DEPOSIT:** 

£20.00

**MEALS:** 

Warden will provide meals on Friday and Saturday night @ £10.00 for two

meals. Please indicate when booking if you wish to avail of this option. Payment for meals to be made directly to leaders on weekend itself.

DEPARTURE: CUSTOM HOUSE. Thursday March 16th at 6.00pm.

LEADERS:

Jim Barry and Dave Rooney.

### CAMPING WEEKEND IN THE COMERAGHS

DATE:

18 - 19 February 1995

**DEPOSIT:** 

£10 deposit to be sent to Maggie Greaney, 14 York Road, Rathmines,

Dublin 6 and give details of home address and tel. nos.

### WICKLOW WAY BACKPACK

DATE:

Friday 28 April - Monday 1 May 1995.

**HOSTELS:** 

Knockree, Glendalough and Aughavanagh Youth Hostels.

COST:

£14.50 for three overnights and special bus on Monday evening. (Approx £6.00 per person). Booking is now open in An Oige Head Office. Access or

Visa accepted. Tel. 830 4555.

MEET:

Craft shop Marley Park at 6.00pm. on Friday 28th April for hike to

Knockree YH. We will arrive back in Dublin at 7.00pm. approx.

on Monday 1st May.

This was a very enjoyable hostel to hostel backpack last and is being repeated this year in response to numerous requests.

### WALKING WEEKEND IN WALES

This is a joint trip with the Newcomers Committee

DATE:

Friday 2nd June - Monday 5th June 1995 (arriving back in Dun Loaghaire at

approx. 6.00pm on Tuesday 6th)

**HOSTEL:** 

Snowdon Ranger Youth Hostel, Wales. Approx. £120, with a deposit of £60.

COST: ROUTES:

Saturday: Welsh 3,000 challenge - hike from the sea to the top of Snowdon -

all the 3,000ft mountains on the way (17 miles to the top of

Snowdon and 5 easy miles down)

Sunday:

A short day on the Mole Hebog Ridge

Monday:

Classic Circuit of Cader Idris.

### MODERATE HIKES WILL BE ORGANISED EACH DAY

As we have had to turn people away for the last two years, please book at head office as soon as possible to secure a place.

Everything is included in cost - all transport, meals, sheet bag hire. Only pocket money required. Vegetarians are very well catered for at this hostel.

### **HOLIDAYS AWAY**

Scottish Walking Holiday

Details:

10 Days walking holiday, 20 places only.

Dates:

Saturday August 5th to Monday August 14th

Booking:

Martin Fagan at 874 3082 (home after 7.00pm. on Wednesday or

Thursday nights)

Routes:

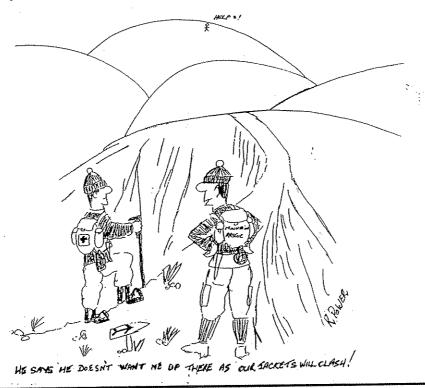
Crianlarich, Glencoe, Glennevis, Abiemore.

Leader:

Martin Fagan.

### NOW AVAILABLE...

THE MOUNTAIN RESCUE ASSOCIATION HANDBOOK is now available. The price in the shops is £3.90 but you can buy it from any member of the committee for a mere £2.00. It contains valuable information and telephone numbers on each of the Mountain Rescue teams in the country, as well as first aid and mountain evacuation procedures.



### BASIC FIR STAID COURSE

Venue:

The St. John Ambulance Brigade of Ireland

Head office,

29 Upper Leeson St.,

Dublin 4. Tel: 66 88 077

**DURATION:** 

8 weeks - seven lectures and exam on the eight night.

COST

£40 - plus £9 for first aid manual (£49 in total)

Cheques and postal orders should be made payable to St. John Ambulance Brigade and sent directly to the above address and not to An Oige, before the

course commences.

DATE:

Course commeces on 11th April, 1995 and runs for 8 weeks.

The course is run on a Tuesday night from 8.00pm to 10.00p.m.

There will be a lecture for the first hour and a practical for the last hour based on the lecture. Please arrive early on the evening of the first lecture

for enrolement.

NOTE:

Anyone who intends doing the Mountain Leadership Course needs to have a

current basic first aid certificate.

### AN OIGE SOCIAL NEWS

SWIMMING: Every Tuesday evening in the ESB Sports-Co., South Lots Road, Ringsend Between 9.00pm. and 10.00pm. Price: £1.50

### MAP AND COMPASS PRACTICE WEEKEND

This weekend is for people who have already completed a basic map and compass course. The idea is that the participants plan out a route, do a route card and each person on the weekend leads a particular section of the walk. Two experienced people will be on the weekend to assist.

DATE:

3rd - 5th February 1995

**ORGANISERS:** 

Joseph Kellegher 838 1973 (Home)

Brian Madigan 838 6608 (Home)

AREA:

Commeragh Mountains

DEPOSIT:

£10 deposit. Contact the above leaders for details.

PLACES LIMITED TO 20 PEOPLE.

### AN OIGE NOTES

Ballinclea Youth Hostel is now reopened under new wardens, Mr. and Mrs Fenton. We would like to encourage our members to use this hostel whenever possible.

### FUNDRAISING SOCIAL EVENING

on

Saturday 11th February 1995 8.00pm - 12.00pm.

in

### **DUBLIN INTERNATIONAL YOUTH HOSTEL**

61 Mountjoy Street

Meal served at 8.30pm sharp

Tickets £10 - Buffet - Live Music

Tickets available from An Oige Head Office and also from

Martin Fagan at 8743082 (h)

### ANOTHER SOCIAL NIGHT

Kevin Parker and Jim Smith are running another of their very successful social nights.

FRIDAY 21ST APRIL 1995
IN
THE RINGSIDE CLUB
(Beside the National Stadium)
FROM 8.00pm. TO 12.30pm.
(Last admission 10.30pm.)
TICKETS £3 LIMITED TO 300
(Meals available on the evening at extra cost)

Tickets available from An Oige Head Office tel. 830 4555 Kevin Parker tel: 453 4627 Jim Smith tel: 453 5854

The Hillwalkers Club wish Kevin and Jim every success with their social night.

### MARCH PROGRAMME

MARCH PROGRAMME: Articles or notices for inclusion in the March Hillwalker should be sent by the 15th February to Gerry Walsh, 14 Londonbridge Drive, Sandymount, Dublin 4.

Anything received after this date will not be included.

Just a note: I wish to welcome Gerry Walsh on to the committee of the Hillwalkers Club and wish him every success as the new editor of the club programme. I would also like to thank all my fellow members of the committee for their help and last but not least all the members of the club who contributed articles over the past two years.

Maggie Greaney.

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## Hike Statistics 1994

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Dec	<del>*  </del>	12	33	75	19		Lake Dis Dec 29 18 people
Nov	7	16	29;	83	21		
Oct	<del>.</del> j		27	83	21	Killarney Oct 30 60 people	
Sept	4	12	27 <sup>IHH</sup>	70	17		
Aug	4	13	26 HH	65	9∴	Mowrnes Aug 1 40 people	
<u> </u>	. 7	17	. 22	62	, 17		
Jun	4	10	, 20	63	16	Wicklow Backpack 10 people	Wales Lake Dis May 5 Jun 6 40 people 20 people
May	Ŋ	16	Cooleys May 1 49	136	27		Wales May 5 40 people
Apr	8	20	42	89	29	Connemara Apr 3 50 people	
Mar	7,	24	30 нн	108	27		
Feb	M	23	35 пн	82	27	Galtees Feb 20 40 people	;··. •
Jan	w	7	28	116	23		
	Number of Hikes	Lowest participation on hikes	Highest participation on hikes	Total monthy participation on hikes	Average weekly participation on lites	Weekends Away	Holidays

## NOTES

1. Any hike with the superscript "IHH" denotes an Introductory Hard Hike

### Walking in the Lake District

29 December 1994 - 2 January 1995





On Thursday morning our group of 18 hillwalkers set out from Dublin via Larne-Stranraer to the Lake District. As no-one thought of eloping to Gretna Green on the way, we all arrived safely in Grasmere at approx. 9 pm. High Close YH is set in the hills above Grasmere and Elterwater: 100 beds, a friendly warden, good facilities, lovely food (choice of cooked breakfasts, packed lunch, three-course dinner with vegetarian option) and an excellent drying room!

Friday: Our walk, which started from Dob Gill waterfall above Thirlmere Lake, turned out quite wet both from above (rain & sleet) and underfoot. From Watendlath Tarn where we had lunch in the company of a gaggle of hungry geese we walked back across the hills to Thirlmere with the last few miles winding along the lake shore.

Saturday: The Fairfield Horseshoe offers a 10 mile round trip from Ambleside with the track following the ridge at between 2100 and 2550 feet. Despite clear skies, we were soon walking in blizzard-like conditions with high winds whipping up the powdery snow. The icy wind turned lunch into a hurried affair; we got very cold and miserable, despite flasks of hot tea (thanks Deirdre!). But as soon as we passed Rydal Head, the peak of the horseshoe, we had the wind at our backs and could enjoy the views: snowy fields accentuating the rocky mountain side, criss-crossed by stone walls, icy surfaces glistening in the sun and turning pink towards evening. - Back at the hostel, a group of hillwalkers from Yorkshire

invited us to take part in their parlour games, so the last hours of the old year were spent with variations on "musical chairs" and a game in which rows of "pupils" had to reply to "teacher": "Please, sir, not me, sir, I think it's row number ...?, sir!" - this became a kind of catch phrase for the rest of the trip!

By Sunday morning the temperature had dropped even lower, so that most of the group opted out of attempting Scafell Pike, at 3253 feet the highest mountain in England. The four brave men who actually set out on the hike were forced to turn back at approx. 1200 feet, as the icy conditions made it too treacherous to continue. For the others, who had spent the day on an easy low level hike around Grasmere and Ambleside, the walk back to the hostel ended in

a "night hike" in the attempt to find a safe way around the frozen streams and icy slopes. We certainly enjoyed our dinner that evening!

Monday: Leaving High Close YH on a clear and frosty morning, some of us went sightseeing in Keswick, walking on Hadrian's Wall or rambling around Carlisle before meeting for a final meal in Stranraer. Unfortunately, our ferry was delayed, which added several hours to the journey, arriving in Dublin in the early hours of Tuesday morning. Many thanks to the drivers who got us back safely despite this extra pressure; thanks to the organisers, the leaders and to everybody in the group for making this a very enjoyable trip! Barbara Sudrow

