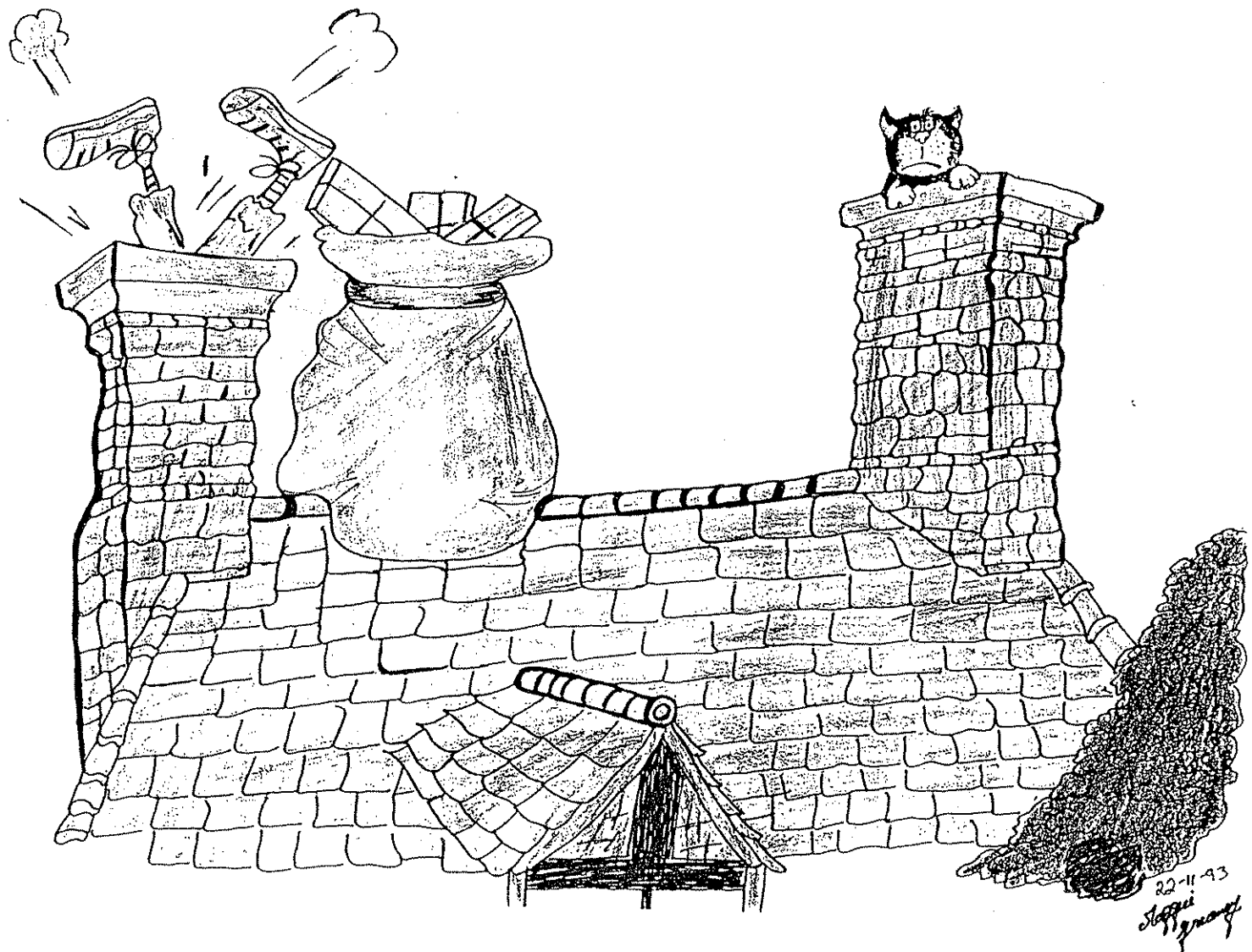




An Oige  
Hillwalkers Club

# December Programme



22-11-93  
Steffie  
Graham

*Seasons Greetings to all our members*

# December Programme

MEET  
TIME  
BRING

Outside the Irish Press Offices Burgh Quay.  
PLEASE NOTE NEW MEETING TIME OF 10 A.M.  
Rainwear, flask, sandwiches, torch, reflective armbands and a change of clothes.

WEAR  
TRANSPORT  
NOTE

Hiking boots. RUNNERS NOT ALLOWED.  
Private bus – Price £5.  
Leaders have the right to refuse anyone who is not adequately equipped or who does not follow their instructions.

## DECEMBER PROGRAMME

**Sunday 5th Dec.** Route: Laragh, Mullacor, Lugduff, Derry Bawn, Laragh.  
Leader: Kevin Parker. **BRING A TORCH**

**Sunday 12th Dec.** **INTRODUCTORY HARD HIKE**  
Route: Pier Gates, Djouse, Coffin Stone, Sally Gap,  
Luggala, Pier Gates.  
Leader: Tony Crean. **BRING A TORCH**

**Sunday 19th Dec.** Route: Knockree, Maulin, Tonduff, Lough Bray,  
Cruagh, Knocknagun, Glencullen.  
Leader: Deirdre Ni Choileain. **BRING A TORCH**

**Sunday 26th Dec.** **SPECIAL ST. STEPHEN'S DAY HIKE**  
Route Circuit of Hoeth.  
Leader: Proinnsias Mac an Bheatha. **BRING A TORCH**  
N.B. Meet Sutton Marine Hotel 11.00am.

**Saturday 1st Jan.** **TRADITIONAL NEW YEAR'S DAY HIKE**  
Route: Fentons, Camara Hill, Lugnaquilla, Slieve Mann,  
Ballinceddan, Camara Hill, Fentons.  
Leader: Martin Fagan. **BRING A TORCH**  
NB. Meet Fenton's Pub, Glen of Imaal, 11.00am

### RECONNAISSANCE / RECKY LIST

People on this list are keen and interested in gaining more experience on Leadership. Hike Leaders please invite the person or people on this list on a reconnaissance of your hike. Or, if you are simply checking a route or practising your navigation, consider the assistance and leadership skills (route choice, group awareness, map & compass) that may be obtained from a reconnaissance and ask one of the following people along.

Gerry Flynn 309711 (W)

Gary Byrne 388812 (H)

**LEADERS URGENTLY WANTED**

**CONTACT MARTIN FAGAN AT 8743082 (H) AFTER 7PM.**

ANNUAL GENERAL MEETING

THURSDAY 20TH JANUARY 1994

AT 7.45PM.

IN AN OIGE DUBLIN INTERNATIONAL YH  
MOUNTJOY STREET, DUBLIN 7

The first A.G.M. of The An Oige Hillwalkers Club will be held in January. Members are asked to attend, to discuss the progress of the club in its first year of existence and also offer any suggestions on what you would like to see happen in the future.

The election of the committee for 1994 will also be held on that night. Enclosed is a nomination form for election to the committee. Anyone who is interested in going forward for election should return the completed form to the address given A.S.A.P., or indeed, anyone willing to help with the administration of the club, should contact any committee member. OFFERS OF ASSISTANCE WILL NEVER BE REFUSED!

OUTGOING COMMITTEE

Jim Barry	Sean Dunne	Bernie Grines
Deirdre Ni Choileain	Tony Crean	Dave Rooney
Frank Rooney	Martin Fagan	Donal Finn
Joe Gilvarry	Maggie Greaney	

ANNUAL MEMBERSHIP SUBSCRIPTION

SUBS ARE DUE ON JANUARY 1ST.

Individual membership is £7. Unfortunately, we will have to increase our annual membership from January 1st. This is due to administration costs and an increase in insurance. The Club will subsidise each member's subscription by £2, but this will only be possible if each member pays their subs on time!

FURTHER TRAINING...

The National Adventure Centre  
Tiglin, Ashford, Co. Wicklow.

Tel: 0404-40169 Fax: 0404-40701

Further training in Mountain Leadership, Outdoor Activities, Rockclimbing, Adventure First-Aid (for which you must have a basic first-aid certificate), Canoeing and Orienteering.

Please note the Mountain Skills Course begins in March 1994. If you feel you have sufficient experience in mountaineering to start at Mountain Skills Preliminary Assessment level, contact Tiglin as above, or Deirdre Ni Choileain at 842 3656 (H).

## FIRST AID COURSE

### Basic First Aid Course with Order of Malta

Course Starts - January 1994

Duration - 8 weeks, Mondays between 7.30pm. and 9.30pm.

Cost - £20 Book in An Oige headquarters

Venue - An Oige International YH, Mountjoy Street.

For further details, contact Joseph Gilvarry at 57 46 36 (H)

PLEASE NOTE: If you intend doing a Mountain First Aid Course, you must have a certificate in basic first aid.

### A LETTER FROM POLAND...

TOMASZ MASUR of the Radom Division of the Polish Tatra Society has kindly sent some information on the TATRAS, which are the highest section of the CARPATHIAN chain of mountains in Poland, to Sean Dunne, and is available on request. The following is an extract from the letter Tomasz sent to the An Oige Hillwalkers Club.



### *POLSKIE TOWARZYSTWO TATRZAŃSKIE*

SPECIAL EDITION.

No. 12/93

Information from the Radom Division of The Polish Tatra Society dedicated to  
HILLWALKERS CLUB from Dublin, Ireland.

(There is polish translation on p. 5-8)

I visited Ireland in August 1993 and although my stay had a strictly professional character I found plenty of time for sightseeing and mountaineering, my favourite activity. Ireland is a really green island inhabited by really smiling people. Lying near the empire of Great Britain it has history very similar to that of Poland. Now, Ireland is a modern European country, where tourists are welcome. The best developed tourist centre is Co. Galway on the west. Connemara is the name given to the portion of this region between Lough Corrib and the Atlantic with superb scenic rocky mountains known as the Twelve Bens (700 m). With an enormous number of picturesque lakes, swift-flowing

streams and stretches of moorland it remains a remote and unspoilt district of natural beauty. The majestic cliffs of Moher, which arise from the ocean to a height of 200 m and extend for 8 km, cut off the Burren Mountain - rocky domed hills with visible signs of erosion, in Co. Clare on the south side of Galway Bay. The real tourist should also explore the Aran Islands formed by limestone reefs at the gateway to this bay and see the old Gaelic forts. After 2-weeks in Galway I moved to Dublin. The capital of Ireland has as a neighbour mountainous district of Co. Wicklow (925 m Lugmequilla Mountain). The most famous tourist route is the Wicklow Way, a long distance (129 km) walking path from Dublin to Clonegal Co. Clare. Together with the members of the Hillwalkers Club from Dublin guided by Seán Dunne, crossing a huge peatbog and climbing a few hills we ended up at Djouce Mountain (725 m). Although my shoes and socks were completely wet, I enjoyed very much the view of the sea and the fascinating mountains at the same time. Visiting Ireland you should not forget to enter a pub, and drink a pint of Guinness, of course.

**Radom Division of Polish Tatra Society.** Radom lies about 600 km from the Tatras (6-7 hours by car). In spite of this rather long distance the Division of the Society was founded as early as 1928, and its members were enthusiastic hikers in the Tatras and the Black Mountains in the eastern Carpathians which today belong to the Ukraina. The new Division in Radom started its activities in 1990 and soon numbered 200 members from three nearby towns: Radom, Dęblin and Białobrzegi. The Club meetings, where video-films, slides and photos from former trips are presented, take place once a month. The excursions for the next weeks are also scheduled. There are walks in the nearby Koziencice Forest and Holy Cross Mountains in spring and autumn and camping trips of several days' duration in higher mountains as well as training centres for rock climbing in summer. In winter, ski schools for beginners are organized. The main purpose of this activity is to train self-reliant mountain tourists who are able to plan an expedition, organize the group and ensure it safely when in the mountains. The Academic Club related to the Technical University of Radom is the most active tourist group.

With Tatras greetings

Stanisław Krok - Chairman

Tomasz Mazur - Treasurer

## AN OIGE ANNUAL CHRISTMAS PARTY

The annual An Oige Christmas Dinner Dance will be held in the Hollybrook Hotel, Clontarf, on Saturday, December 4th '93. Tickets cost £16 and are available from An Oige Head Office tel.: 304555, or from the following committee members:

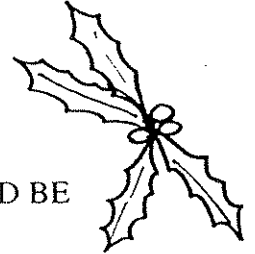
Martin Fagan tel.: 8743082 (H)

Deirdre Ni Choileain tel: 8423656 (H)

Dave Rooney tel.: 344844 (H) 344811

Jim Barry tel.: 556455 (H)

DEPOSITS WILL ALSO BE TAKEN. YOUR SUPPORT OF THIS EVENT WOULD BE APPRECIATED.



SET DANCING LESSONS  
in Walkinstown Community Centre  
(opposite Sexton, Keenan & Co. Solicitors)



£2 per lesson.  
Everyone Welcome



For further information, contact Christy Lynch at 505639.